

THE ACHILLES CLUB

2016-2017

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Thomas N. Blodgett (Cam. and Harvard) tblodgett@ft.newyorklife.com;

Dr Geoffrey B Hill (Cam. and *passim*)

FIXTURES 2017

4th March at Lee Valley -

Varsity Cambridge Field Events and Relays

8th April at New Haven, USA - Oxford & Cambridge v Harvard & Yale

9th April at Newham -

London Universities Meeting

15th April at Philadelphia, USA - Oxford & Cambridge v Penn & Cornell

22nd April at Kingston-upon-Thames - Kinnaird & Sward Meetings

13th May at Cambridge - Achilles Dinner

14th May at Cambridge - Varsity Match

24th June at Allianz Park - LICC 1

29th July at Allianz Park - LICC 2

6th August at Cambridge -

Achilles v Tokyo U.

Achilles BBQ

26th August at Allianz Park - LICC 3

TROPHIES AMNESTY!



Several inter-Varsity trophies are missing, including two of the irreplaceable Relays Match **silver batons**, two colourful Seoul batons, the original **Paul Gomme**



Trophy (a very hefty bronze sculpture—it must be somewhere!), and a couple of silver cups.

If you are aware that you have been inadvertently hoarding one, please get in touch with paul.willcox@achilles.org



Caught at the Hawks—Hemery, Collins, Willcox, Waddington, Bray, Roberts



The respect and affection in which **Chris Thorne** has been held by CUAC and Achilles members for over 50 years was demonstrated by the enthusiasm with which members of all ages celebrated his continued close involvement in the day to day operation of the sport, as an administrator, timekeeper, statistician and archivist.



I would very much like to note my appreciation of Chris's involvement with us somewhat gauche and trying (and talented!) young people over the years, for his staying power and encouragement in the heat of the battle.

Yours appreciatively

Martin Winbolt-Lewis
(1966-9)

Kinnaird & Sward Trophies Meeting

2nd April 2016



This was a milestone for these historic trophies, in that women contested the meeting officially for the first time. As usual we would have done rather better had not so many of our members been competing for the hosts....

400mH (A) 1 Ronan Llyr 61.7, 400mH (B) 1 Bilen Ahmet KACPH 71.4, 100 (A) 1 Isaac Kitchen-Smith 11:00, 100 (B) 2 Ife Adegba 11.8, n/s Bilen Ahmet KACPH 12.6, 2000m S/C (A) 1 Danny Eckersley KACPH 06:09.4, 2000m S/C (B) 1 Bilen Ahmet KACPH 07:59.7, 110H (B) 1 Bilen Ahmet KACPH 19.2, 400m (A) 1 James Brooks 50.5, 400m (B) 1 Hugh Baker 52.9, 1500m (A) 1 James Coxon 04:13.7, 3 Jonathon Darby KACPH 04:20.5, 200m (A) 1 Isaac Kitchen-Smith 22.3, 200m (B) 1 William Morris 22.9, 3000m (A) 4 Andy Robinson M50 KACPH 09:47.1, 800 (A) 1 Fiona De Mauny 2.19.7, 100 (A) 2 Sam Rawlinson 13.3, 100H(A) 1 Freya Shearer 16.5, 200m (A) 3 Freya Shearer 28.1, Hammer B 1 Andy Wheble KACPH 36.64, Hammer n/s Bilen Ahmet KACPH 23.59, Pole Vault A 1 Bilen Ahmet KACPH 3.51, Long Jump B 1 Humphrey Waddington KACPH 6.54, Long Jump n/s Bilen Ahmet KACPH 5.70m, High Jump A 1 Chris Little 1.85m, 2 Humphrey Waddington KACPH 1.70m, High Jump B 1 Bilen Ahmet KACPH 1.65m, Discus B 1 Andy Wheble KACPH 33.77, Triple Jump A 1 Humphrey Waddington KACPH 13.87, Triple Jump n/s Bilen Ahmet KACPH 11.93, Javelin A Arran Davis 53.34, 1 Humphrey Waddington KACPH 42.58, Javelin B David Korqynski 47.60, 1 Andy Wheble KACPH 40.04, Hammer A 2 Anna Niedbala 44.06, Long Jump A 3 Hannah Church 3.36, Discus A 1 Anna Niedbala 40.35, Discus B 2 Emmaline Okafor 21.87, Shot A 2 Anna Niedbala 11.47, Shot B 2 Emmaline Okofor 9.01.

Kinnaird		Men	
Achilles	172		
Epsom & Ewell	348		
KACPH	314		
TVH	22		
Hercules	256		
HHH	230		
Sward		Women	
Achilles	78		
Epsom & Ewell	252		
KACPH	284		
TVH	0		
Hercules	58		
HHH	156		



Hatti Archer made a very welcome return to international competition with 10th place in the **World Mountain Running Championships** in Bulgaria.

Hilary Lissenden has been appointed a Director of England Boxing. Hilary, a CUAC sprints Blue, is a regional grade referee and a national grade judge for **England Boxing**, as well as having written two books on boxing fitness.



Varsity discus record holder and Olympic rowing bronze medallist **Sarah Winckless** has been appointed England's Chef de Mission for the **2018 Commonwealth Games** at Gold Coast.

Richard White won silver in the M55 400H and bronze in the 400 flat at the **Masters World Championships** in Perth, Australia.



Former OUAC President and 5 time Olympian **Tim Berrett** has been inducted into **Athletics Canada's Hall of Fame**.

Tim grew up in England, and after emigrating represented Canada in the race walk at five Olympic Games in a row beginning in 1992 through to the 2008 Games in Beijing. His career also included nine IAAF World Championships and a bronze medal at the 2002 Commonwealth Games. He now currently sits on the Athletics Canada Board of Directors and also stays involved in the sport by delivering grassroots clinics in Edmonton area schools.




UK Rankings 2016

5	10000	28:45.8	Luke Caldwell
7	1500	03:38.6	Jon Cook
8	10000	29:14.4	Matthew Leach
8	Marathon	02:38.0	Hayley Munn
9	3000	07:58.0	Andy Baddeley
9	10000	29:19.5	Alex Short
12	TJ	15.62	Sam Trigg
13	HT	65.67	Michael Painter
14	Marathon	02:19.4	Ben Moreau
14	TJ	12.69	Montana Jackson
15	1500	03:41.3	Josh Carr
16	800	02:03.3	Emily Dudgeon
18	800	01:48.5	Rory Graham-Watson
18	3000	08:02.9	Andrew Heyes
18	3000SC	09:02.5	Alex Howard
18	DT	45.55	Anna Niedbala (Germany)
19	2000SC	07:10.7	Priya Crosby
19	SP	13.30	Christina Nick (Germany)
20	HT	63.18	Tom Parker
23	1500	03:43.4	Andy Baddeley
24	3000SC	09:06.0	William Mycroft
24	2000SC	07:17.3	Dani Chattenton
25	HT	59.68	Jacob Lange
26	LJ	7.37	Sam Trigg
26	2000SC	07:19.8	Florence Stansall-Seiler
27	Decathlon	5652	Alastair Stanley
28	5000	14:05.6	Phillip Crout
28	10000	29:57.2	Ben Moreau
30	5000	14:05.8	Andy Baddeley
30	Marathon	02:23.5	James Kelly
30	DT	42.90	Christina Nick (Germany)
30	HT	51.39	Helen Broadbridge
31	5000	14:05.9	Matthew Leach
33	5000	16:26.5	Naomi Taschimowitz
34	5000	14:07.8	Luke Caldwell
34	3000	09:24.1	Naomi Taschimowitz
35	3000SC	09:16.5	Daniel Eckersley
37	3000SC	09:18.2	Richard Ollington
37	PV	4.60	Rowan May
37	400h	62.28	Caroline Hilley
38	4 x 400	03:58.4	CUAC
39	800	01:49.7	Jon Cook
39	3000SC	09:19.7	Aidan Smith
39	3000	09:27.4	Katherine Turner
39	HJ	1.70	Annabelle Bates
40	SP	12.23	Isabell Von Loga (Germany)
41	5000	14:13.5	Alex Short
41	TJ	14.50	Carl Britto (India)
42	TJ	14.49	Matthew Houlden
43	TJ	14.48	Navid Childs
43	4 x 100	42.68	CUAC
44	PV	3.50	Silvia Amabilino (Luxembourg)
44	PV	3.50	Chloe Billingham
45	400H	54.68	Caspar Eliot
45	4 x 400	03:22.4	OUAC
46	SP	11.92	Anna Niedbala (Germany)
47	10000	30:33.5	William Mackay
48	Decathlon	4212	Bilen Ahmet
50	3000SC	09:25.4	George Gathercole
50	SP	11.87i	Fiona Brown

V F E A R

VARSITY FIELD EVENTS AND RELAYS

SATURDAY 5TH MARCH 2016

 ELIXIRR

CAMBRIDGE UNIVERSITY ATHLETIC CLUB



Varsity Field Events and Relays Matches Lee Valley Sports Centre, London 5 March 2016

Men's relays, all indoors (Cambridge win 4-2)

60m (run as 2 heats, with the 4 best, of 5, University times totalled to determine the result)

Race 1 P. Barron (C) 7.08, I. Kitchen-Smith (O) 7.08, J. Brooks (C) 7.17, W. Morris (C) 7.17, J. Paget (O) 7.58

Race 2 C. Gillespie (C) 7.29, I. Adepegba (C) 7.49, J. Leung (O) 7.51, A. De Maille (C - guest) 7.53, I. Shevlin (O) 7.53, H. Salt (O) 7.84

Cambridge total times 28.71, Oxford total times 29.70

4x 200m

Cambridge (J. Brooks 23.0, C. Gillespie 22.3, J. Evans 22.3, W. Morris 22.7) 1:30.25

Oxford (I. Kitchen-Smith 23.2, W. David 23.1, I. Shevlin 23.3, L. Gardner 22.9) 1:32.45

4 x 400m

Cambridge (J. Brooks 50.2, Z. Howe 51.1, S. Cheli 50.4, J. Evans 49.6) 3:21.30

Oxford (I. Kitchen-Smith 52.1, W. David 50.6, L.



Gardner 49.6, H. Fleming 50.1) 3:22.41

Oxford "B" (J. MacConnell 54.4, R. Llyr 52.5, E. Rees 54.7, C. Ellis 54.7) 3:36.24

Oxford "C" (M. Weatherseed 54.6, N. Mapperely 52.6, A. Pleshakov 57.4, M. Newton 51.9) 3:36.32

4x800m

Cambridge (J. Coxon 2:02.0, Z. Howe 1:54.1, R. Kisel 1:55.3, S. Cheli 1:56.4) 7:47.80

Oxford (H. Baker 2:01.3, N. Mapperely 1:58.6, M. Weatherseed 1:58.9, H. Fleming 2:06.1) 8:04.85

Cambridge "B" (R. Ewen 2:02.6, xD. Jacques 2:15.5) did not finish a team

4x1500

Oxford (M. Weatherseed 4:14.8, L. Cotter 4:04.9, R. Will 4:09.1, A. Howard 4:09.2) 16:38.03



Cambridge (S. Kayhanian 4:51, Robertson c 5:10, B. Paxton c 4:38, J. Coxon c 4:36) 19:13.33

60m hurdles (run as 2 heats, with the 4 best, of 5, University times totalled to determine the result)

Race 1 A. Stanley (C) 9.09, D. Luke Smith (C) 9.50, R. Hu (O) 9.56, T. McQuillan (O) 9.68

Race 2 H. Salt (O) 9.53, R. Wu (O) 10.51, G. Goh (C) 10.68, S. Hoyle (C) 10.75

Oxford total times 39.28, Cambridge total times 40.02

Men's field events (Cambridge win 6-2)

High Jump, indoors

Cambridge (A. Stanley 1.83, T. Marino 1.75, C. Little 1.75, S. Hoyle 1.70) 7.03



Oxford (D. Kelly 1.60, R. May 1.60, C. Britto 1.50, E. Leonce 1.50) 6.20

Pole Vault, indoors

Cambridge (Q. Gouill 4.20, F. Bunbury 4.10, K. Jensen 3.70, N. Jose 3.50) 15.50 **record**

Oxford (R. May 3.90, C. Day 3.10, K. Aina 2.70, J. Paget 2.50) 12.20

Long Jump, indoors

Oxford (E. Leonce 6.26, S. Macaulay 6.15, A. Wheeler 6.14, C. Britto 6.12) 24.67

Cambridge (E. Baines 6.63, J. Ekwem 5.93, D. Luke Smith 5.78, E. Gbegli 5.51) 23.85

Guest: D. Buisson (C) 5.23

Triple Jump, indoors

Oxford (C. Britto 14.50, A. Wheeler 13.58, E. Leonce 13.05, T. McQuillan 11.73) 52.86

Cambridge (E. Baines 13.20, E. Gbegli 13.12, D. Luke Smith 12.85, Q. Gouill 12.20), 51.37

Shot Putt, indoors

Cambridge (M. Painter 12.63, A. Stanley 10.87, J. Dauparas 10.23, Q. Gouill 10.17) 43.90

Oxford (A. Sakande 10.90, J. Paget 10.89, H. Woodcock 10.80, A. Grundmann 8.64) 41.23

Discus, outdoors

Cambridge (A. Stanley 36.27, R. Croft 29.44, T. Parker 27.35, J. Lange 23.83) 117.39

Oxford (A. Sakande 29.43, D. Korczynski 27.63, J. Paget 27.41, H. Woodcock 26.02) 110.49

Hammer, outdoors

Cambridge (T. Parker 61.76 **record**, J. Lange 56.98, M. Croft 43.57, R. Croft 41.58) 203.89 **record**

Oxford (O. Piotrowicz 31.09, J. Paget 22.27, H. Woodcock 18.74, A. Cockrean 9.51) 81.61

Javelin, outdoors

Cambridge (J. Dauparas 55.81, N. Raju 46.86, R. Croft 44.33, W. Scott 37.64) 184.64

Oxford (A. Davis 52.17, D. Korczynski 50.27, A. Sakande 40.25, A. Cockrean 29.47) 172.16

Women's relays (tied 3-3)

60m (run as 3 heats, with the 4 best, of 5, University times totalled to determine the result)

Race 1 M. Meju (C) 7.79, K. Hannawin (O) 7.84, H. Adeosun (C) 7.88, C. Johnson (C) 8.08, C. Sear (O) 8.13

Race 2 E. Duck (C) 8.16, S. Rawlinson (O) 8.41, E. Roberts (O) 8.56, O. Lala (C) 8.75, M-T. Png (O) 8.75

Race 3 O. Hylton-Pennant (guest) 8.59, L. Andrews (C) 8.62, R. Markham (C) 8.88, K. McDonald

(guest) 9.37, T. Savji (guest) 9.47

Cambridge total time 31.91, Oxford total time 32.94

4x200m

Cambridge (C. Johnson 26.5, M. Meju 26.0, H. Adeosun 27.1, C. Marriott 26.8) 1:46.42

Oxford (K. Hnnawin 27.0, F. Shearer 28.1, N. Mckechnie 26.7, C. Ashley 28.6) 1:50.34

4x400m

Cambridge (C. Hiley 59.3, A. Flint 60.4, C. Marriott 60.1, C. Johnson 58.6) 3:58.38 **record**

Oxford (N. Mckechnie 60.4, E. Hoogkamer 64.5, C. Ashley 63.4, R. Skokowski 62.1) 4:10.41

Cambridge "B" (L. Cook 62.6, Y. Raykov 63.9, K. Blackett 63.4, D. Irving-Hyman 64.7) 4:14.68

Oxford "B" (G. Ngetich 65.4, D. Chattenton 63.7, E. Brown 70.2, G. Ellis 73.7) 4:32.96

3x800m

Oxford (E. Hoogkamer 2:29.8, R. Skokowski 2:20.7, D. Chattenton 2:23.5) 7:13.93

Cambridge (I. Barnes 2:29.6, M. Evagore-Campbell 2:31, C. Flint 2:25) 7:25.96

3 x 1500m

1. Oxford (B. Murray 4:52.0, E. Decamp 4:58.5, D. Chattenton 4:47.3) 14:37.75 **record**

2. Cambridge (R. Moore 5:06.0, P. Crosby 5:12.5, C. Beckett 5:08.9) 15:27.39

3. Oxford "B" (E. Brown 5:20.2, T. Gimre 5:22.6, D. Batchelor 5:00.7) 15:43.46

4. Cambridge "B" (A. Hollingsworth, A. Myers, H. Sheerin) 15:44.95

60m hurdles (run as 2 heats, with the 4 best, of 5, University times totalled to determine the result)

Race 1 C. Hilley (C) 9.08 **record**, C. Sear (O) 9.42, E. Duck (C) 9.42, E. Roberts (O) 9.76, F. Shearer (O) 10.00

Race 2 L. Cook (C) 10.23, I. Downing (O) 10.73, F. Hamilton (C) 11.28, G. Ellis (O) 12.54

Oxford total times 39.91 **record**, Cambridge total times 40.01,

Women's field events (Oxford win 5 - 3)

High Jump, indoors

Cambridge (A. Bates 1.61, C. Boughton 1.55, L. Crossman 1.45, S. Francis 1.30) 4.61

Oxford (K. Davies 1.50, I. Downing 1.40, E. Roberts 1.30, I. Buchok 1.20) 4.20

Guests: F. Hamilton (C) 1.40, E. Bell (C) 1.35

Pole Vault, indoors

Oxford (S. Amabilino 3.00, S. Rawlinson 2.50, I. Downing 2.05, G. Ellis 1.75) 7.55

Cambridge (I. Mulliner 2.75, J. Vymeris 2.35, R.

Martin 2.20, R. Markham 2.05) 7.30

Long Jump, indoors

Cambridge (L. Andrews 5.11, M. Meju 5.00, C. Rixon 4.85, F. Brown 4.51) 14.92

Oxford (C. Sear 4.98, K. Davies 4.90, M. Boyce 4.54, S. Rawlinson 4.42) 14.42

Guest: I. Charlton (C) 3.20

Triple Jump, indoors

Cambridge (M. Meju 10.74, C. Rixon 10.24, F. Brown 9.88, F. Jing 9.24) 30.86

Oxford (C. Sear 10.09, M. Boyce 10.06, A. Wilson 8.97, K. Hannwin 8.96) 29.12

Shot Putt, indoors

Oxford (K. Holder 11.07, A. Niedbala 10.40, K. Davies 9.29, I. Watson 6.55) 30.76

Cambridge (F. Brown 11.87 **record**, E. Lane 9.53, E. Okafor 8.12, Roisin Taylor 6.70) 29.52

Discus, outdoors

Oxford (A. Niedbala 37.72, K. Holder 24.54, H. Nelson 23.44, I. Watson 18.80) 85.70

Cambridge (R. Taylor 25.98, F. Brown 24.02, E. Okafor 21.78) 71.78

Hammer, outdoors

Oxford (A. Niedbala 42.00, M. Brett 38.23, K. Holder 25.10, H. Nelson all no throws) 105.33

Cambridge (R. Taylor 33.05, E. Okafor 21.41, C. Pacini 18.63) 73.09

Javelin, outdoors

Oxford (I. Coutts 36.78, E. Hoogkamer 34.04, K. Davies 31.68, B. Bridgeman 25.37) 102.50

Cambridge (E. Lane 33.74, F. Brown 31.34, L. Harvey-Kelly 25.32) 90.40



Men's Blues Match

100m Isaac Kitchen-Smith (O) 11.19, William Morris (C) 11.22, Paul Barron (C) 11.28, Alex Grundmann (O) 11.51

200m James Brooks (C) and Josh Evans (C) equal 22.34, Isaac Kitchen-Smith (O) 22.44, Alex Grundmann (O) 22.90

There was no wind gauge for track events; but at the horizontal jumps there were 169 wind readings, all but 7 being below 2mps. The 7 all showed as following winds which, since the jumps were in the opposite direction to the sprints, suggests that there would have been mild head winds for the latter.



400m Josh Evans (C) 49.99, James Brooks (C) 50.40, William David (O) 51.02 [Hugo Fleming (O) DNF]

800m Zac Howe (C) 1:51.07, Louis Rawlings (O) 1:52.60, Hugo Fleming (O) 1:53.17, Sebastian Cheli (C) 1:53.45



Mile Josh Carr (C) 4:06.96, William Christofi (O) 4:10.60, William Pinder (C) 4:14.29, Miles Weatherseed (O) 4:19.07

5000m Phillip Crout (C) 14:45.42, Will Ryle-Hodges (O) 14:50.33, Oliver Fox (C) 14:54.06, Miles Unterreiner (O) 15:02.27

110m hurdles Liam Eagle (O) 16.03, Elliott Baines (C) 16.17, Alastair Stanley (C) 16.86, Harry Salt (O) 17.07

200m hurdles Alastair Stanley (C) 26.04, Liam Eagle (O) 26.43, Patrick Calver (C) 27.07, Louis Gardner (O) 27.60

400m hurdles Alastair Stanley (C) 55.48, Louis Gardner (O) 55.64, Ronan Llyr (O) 58.23, Daniel Brock (C) 60.19

3000m steeplechase Alexander Howard (O) 9:13.60, Rich Ollington (C) 9:18.16, Aidan Smith (O) 9:19.69, George Gathercole (C) 9:25.35

High Jump Nithesh Ranasinha (O) 1.95, Chris Little (C) 1.90, Ethan Sorrell (C) 1.90, George Vaughan (O) 1.80



Pole Vault Rowan May (O) 4.30, Quentin Gouil (C) 4.20, Freddy Bunbury (C) 4.00, Kit Aina (O) 2.50

Long Jump Sandy Macaulay (O) 6.85 (w 0.0), Elliott Baines (C) 6.76 (w 0.0), A. Terblanche (O) 5.85 (w 0.0), Quentin

See <https://vimeo.com/186034947> for Chris Bryant's video compilation

Gouil (C) 5.81 (w 0.0)

Triple Jump Carl Britto (O) 14.31 (w 2.22; best non windy 14.27 w +1.7), Elliott Baines (C) 14.02 (w +1.4), Andrew Wheeler (O) 13.66 (w +1.5), Emmanuel Gbegli (C) 13.16 (w 0.0)

Shot Jack Paget (O) 12.41, Nicholas Roberts-Huntley (O) 11.91, Christian Nnochiri (C) 11.71, Jacob Lange (C) 10.50

The Drake-Digby Trophy for the best performance in the Mens' Match: **Tom Parker (C)**

The Susan Dennler Trophy for the best performance in the Womens' Match: **Caroline Hilley (C)**

The Le Touquet Trophy, for the most improved athlete during 2015-16: **Laura Andrews (C)**

The Paul Gomme Trophy, for the best throwing performance of the season: **Anna Niedbala (O)**

The Achilles Trophy, for outstanding contribution to Oxbridge athletics: **Louis Rawlings (O)**

The Steven Stuart Trophy, for the most notable second-team performance: **Emmaline Okafor (C)**

Discus Nicholas Roberts-Huntley (O) 39.61, Alastair Stanley (C) 37.47, Jack Paget (O) 37.31, Tom Parker (C) 30.67

Hammer Tom Parker (C) 63.18, Jacob Lange (C) 59.68, Nicholas Roberts-Huntley (O) 36.25, Jack Paget (O) 21.99

Javelin Justas Dauparas (C) 56.12, Arran Davis (O) 52.36, David Korczynski (O) 48.01, Nikil Raju (C) 47.39

4 x 100m relay Cambridge (Barron, Morris, Brooks, Gillespie) 42.68, Oxford (Macaulay, Kitchen-Smith, Shevlin, Grundmann) 43.14

4 x 400m relay Oxford (Newton 52.2, David 50.6, Gardner 50.4, Rawlings 50.9) 3:24.06, Cambridge (Brooks 52.4, Cheli 50.3, Ewen 54.0, Evans 50.4) 3:26.99

Result: Cambridge 109, Oxford 102

Women's Blues Match



100m Maxine Meju (C) and Katie Hannawin (O) equal 12.30, Hephzibah Adeosun (C) 12.47, Samantha Rawlinson (O) 13.14

200m Katie Hannawin (O) 25.93, Caroline Johnson (C) 26.03, Hephzibah Adeosun (C) 26.39, Nicole McKechnie (O) 26.76

400m Caroline Johnson (C) 57.55, Nicole McKechnie (O) 58.66, Alice Flint (C) 61.01, Rosie Barker (O) 61.15

800m Rachel Skokowski (O) 2:20.64, Emily Ruane (C) 2:20.82, Rebecca Robinson (O) 2:23.61, Ella Hughes (C) 2:23.64

Mile Kate Curran (C) 5:06.96, Ella Hughes (C) 5:11.78, Rebecca Esselstein (O) 5:18.47, Rachel Skokowski (O) 5:31.17



5000m Sophia Staller (O) 17:28.10, Katy Hedgethorpe (C) 17:40.53, Bethanie Murray (O) 17:44.82, Elisabeth Apsley (C) 17:45.40



100m hurdles Caroline Hilley (C) 14.90, Claire Sear (O) 15.62, Freya Shearer (O) 15.98, Eleanor Duck (C) 17.05

400m hurdles Caroline Hilley (C) 62.28, Freya Shearer (O) 65.26, Gladys Ngetich (O) 65.70, Alice Flint (C) 65.98

2000m steeplechase Priya Crosby (C) 7:10.65, Dani Chattenton (O) 7:17.30, Florence Stansall-Seiler (C) 7:19.79, Camilla Elvidge (O) 7:32.45

High Jump Annabel Bates (C) 1.66, Carys Boughton (C) 1.50, Kate Davies (O) 1.50, Abigail Ashford (O) 1.45

Pole Vault Sylvia Amabilino (O) 3.30, Samantha Rawlinson (O) 2.80, Imogen Mulliner (C) 2.70, Rebecca Martin (C) 2.60

Long Jump Laura Andrews (C) 5.62 (w 0.0), Maxine Meju (C) 5.25 (w 0.0), Claire Sear (O) 5.13 (w 0.0), Kate Davies (O) 4.97 (w 0.0)



Triple Jump Maxine Meju (C) 11.06 (w 0.0), Chloe Rixon (C) 10.59 (w 0.0), Melanie Boyce (O) 10.40 (w 0.0), Claire Sear (O) 10.31 (w 0.0)

Shot Isabel von Loga (O) 12.23, Fiona Brown (C) 11.33, Katie Holder (O) 10.79, Ellie Lane (C) 9.69

Discus Anna Niedbala (O) 44.25, Fiona Brown (C) 29.71, Helen Bridgman (O) 27.03, Roisin Beck-Taylor (C) 20.19

Hammer Maria Brett (O) 45.38, Anna Niedbala (O) 38.30, Roisin Beck-Taylor (C) 32.30, Hepsibah Adeosun (C) 12.95

Javelin Kate Davies (O) 38.04, Isabella Coutts (O) 35.68, Ellie Lane (C) 35.18, Fiona Brown (C) 28.37

4 x 100m relay Cambridge (Duck, Meju, Adeosun, Johnson) 49.39, Oxford (Sear, Hannawin, McKechnie, Rawlinson) 50.11

4 x 400m relay Cambridge (Hilley 59.4, Cook 62.8, Marriott 62.2, Johnson 60.1) 4:04.53, Oxford (Barker 64.5, Skokowski 61.0, Hoogkamer 64.5, McKechnie 60.8) 4:10.72

Result: Cambridge 104, Oxford 97

Men's Second Team Match (Oxford Centipedes v Cambridge Alver-



stone)

100m Clayton Gillespie (C) 11.50, Ife Adepegba (C) 11.73, Ian Shevlin (O) 11.83, Callum Munday (O) 12.18

200m Clayton Gillespie (C) 23.19, Matthew Newton (O) 23.37, Ian Shevlin (O) 23.59, Austin de Maille (C) 23.63

400m Rasmus Kisel (C) 50.46, Austin de Maille (C) 50.88, Matthew Newton (O) 50.91, Hugh Baker (O) 52.14

800m Rasmus Kisel (C) 1:55.23, Nathan Mapperley (O) 1:59.13, Hugh



Baker (O) 1:59.24, Ben Paxton (C) 1:59.61

Mile Luke Cotter (O) 4:23.28, Michael Constante (O) 4:25.41, James Coxon (C) 4:28.15, MacGregor Cox (C) 4:38.52

5000m (run with Blues race) Jamie Parkinson (O) 15:12.37, Luuk Metselaar (O) 15:24.68, Kelvin Gomez (C) 15:31.69, Paddy Roddy (C) 16:05.56

110m hurdles Luke Smith (C) 17.43, Thomas McQuillin (O) 17.49, Sachin Raoul (C) 18.62, Rocco Hu (O) 19.98

200m hurdles Sam Charlwood (C) 28.28, Jack Gavin (O) 28.29, Joseph MacConnell (O) 28.84, Gareth Goh (C) 41.38 (fell)



400m hurdles Joseph MacConnell (O) 59.10, Jack Gavin (O) 59.67, Ross Ewen (C) 60.21, Sam Charlwood (C) 62.16

3000m steeplechase (run with Blues race) Miles Chandler (O) 9:35.37, Benjamin Gibbons (O) 9:59.78, Paul Hodgson (C) 10:07.77, Pete Townsend (C) 10:09.65

High Jump David Grant (O) 1.80, Sachin Hoyle (C) 1.75, Aondoyima Ioritim-Uba (O) 1.70, Christoph Klein (C) 1.65

Pole Vault Nick Jose (C) 3.80, Kris Jensen (C) 3.60, Christopher Day (O) 3.50, Justin Leung (O) 2.60

Long Jump Luke Smith (C) 6.04 (w 0.0), Michael Moneke (O) 5.96 (w -1.6), Christoph Klein (C) 5.58 (w 0.0), Luke Turner (O) 5.24 (w 0.0)

Triple Jump Luke Smith (C) 12.98 (w 0.0), Rob Fordham (O) 12.38 (w +1.4), Douglas Buisson (C) 12.15 (w 2.0; best non-windy w 0.0), Thomas McQuillin (O) 12.01 (w 0.0)

Shot Abidine Sakande (O) 11.42, Harry Woodcock (O) 11.32, Christoph Klein (C) 10.93, Jack West (C) 10.29

Discus Abidine Sakande (O) 35.10, Robin Croft (C) 30.32, Harry Woodcock (O) 29.52, Martin Croft (C) 25.31

Hammer Martin Croft (C) 47.87, Robin Croft (C) 41.38, Abidine Sakande (O) 18.49, Harry Woodcock (O) 18.28

Javelin Guy Fairbairn (O) 48.00, Samuel Broadey (O) 47.26, Robin Croft (C) 37.30, Charlie Robb (C) 36.44

4 x 100m relay (run with Blues race) Cambridge Alverstone (de Maille, Adepegba, Ming, Calver) 48.33 Oxford Centipedes (Leung, Munday, Eagle, Paget) 71.39

4 x 400m relay (run with Blues race) Oxford Centipedes (MacConnell, Mapperley, Llyr 51.8, Baker 51.3) 3:27.50 [Cambridge Alverstone (Stanley c51.6, Carr c52.9, Pinder c51.6, Howe c51.0) 3:26.93 discounted]

Result: Centipedes 108, Alverstone 102

Women's Second Team Match (Oxford Millipedes v Cambridge Alligators)

100m Olivia Hylton-Pennant (C) 13.40, Emma Roberts (O) 13.52, Emily Coulter (C) 13.73, Olayemi Anifowose-Eso (O) 13.75

200m Catriona Marriott (C) 27.19, Emma Roberts (O) 28.48, Laura Venables (O) 28.96, Rachel Grewcock (C) 28.96

400m Catriona Marriott (C) 60.81, Claire Ashley (O) 62.12, Katie Blackett (C) 62.97, Catherine Haigh (O) 65.13

800m Elisabeth Sandham (O) 2:24.54, Emily Hoogkamer (O) 2:24.92, Mimi Evagore-Campbell (C) 2:24.99, Yanna Raykov (C) 2:25.70

Mile Emma DeCamp (O) 5:15.53, Nadia Bates (C) 5:23.48, Laura Fenwick (O) 5:29.43, Chloe Beckett (C) 5:36.18

5000m (run with Blues race) Alison Greggor (C) 18:42.08, Sarah Lovewell (C) 19:00.85, Helene Greenwood (O) 21:03.19, Harriette Drew (O) 21:34.58

100m hurdles Emma Roberts (O) 16.00, Laura Cook (C) 17.03, Francesca Hamilton (C) 18.67, Georgina Ellis (O) 19.19

400m hurdles Laura Cook (C) 66.19 **record**, Daisy Irving-Hyman (C) 68.72, Clare Ashley (O) 71.19, Georgina Ellis (O) 77.01

2000m steeplechase (run with Blues race) Lauren Major (C) 7:47.33, Natalie Beadle (O) 8:02.90, Anna Myers (C) 8:18.53, Alison Walsh (O) 8:42.27

High Jump Imogen Downing (O) 1.45, Francesca Hamilton (C), Hannah Torrence (O) and Fiona Jing (C) all equal at 1.40

Pole Vault Joanna Vymeris (C) 2.60, Imogen Downing (O) 2.30, Rebecca Markham (C) 2.30, Keltie McDonald (O) 2.20

Long Jump Emily Stone (O) 5.06 (w 0.0), Stephanie Filbay (O) 4.83 (w +0.4), Lucy Drummond (C) 4.07 (w -1.3), Emily Coulter (C) 4.02 (w 0.0)

Triple Jump Stephanie Filby (O) 10.15 (w 0.0), Emily Stone (O) 9.63 (w 0.0), Daisy Irving-Hyman (C) 9.55 (w 0.0), Fiona Jing (C) 9.07 (w 0.0)

Shot Emmaline Okafor (C) 9.35, Simisola Oyesanya (O) 9.01, Stephanie Filbay (O) 8.20, Clare Pacini (C) 7.70

Discus Heather Nelson (O) 25.05, Imogen Watson (O) 24.45, Emmaline Okafor (C) 22.54, Samantha Chan (C) 17.85

Hammer Sonja Noll (O) 37.97 **record**, Emmaline Okafor (C) 26.35, Clare Pacini (C) 23.85, Heather Nelson (O) 21.97

Javelin Emily Hoogkamer (O) 29.23, Bethanie Bridgman (O) 27.35, Laragh Harvey-Kelly (C) 26.49, Emmaline Okafor (C) 14.68

4 x 100m relay (run with Blues race) Cambridge Alligators (Andrews, Coulter, Rixon, Hylton-Pennant) 52.68, Oxford Millipedes (Roberts, Shearer, Boyce, Anifowose-Eso) 53.28

4 x 400m relay (run with Blues race) Cambridge Alligators (Blackett 62.3, Philps 65.0, Raykov 63.8, Irving-Hyman 62.1) 4:13.16, Oxford Millipedes (Ashley 65.2, Robinson 63.8, Haigh 66.8, Ngetich 62.2) 4:17.96

Result: Oxford Millipedes 102, Cambridge Alligators 99

Oxbridge Invitation 3000m

9:04.84 Dan Mulryne (O)
 9:10.62 Niki Faulkner (O)
 9:29.11 James Sewry (O)
 9:39.83 Tom Binnie (O)
 9:42.71 Oliver Paulin (O)
 9:45.08 Henry McTernan (C)
 9:58.79 Matthew Lloyd (O)
 9:59.69 Ed Gazeley (C)
 9:59.99 Connor McGurk
 10:04.47 Tom Spearman (O)
 10:06.33 Aitor Alvarez Ferna (O)
 10:25.10 Joe Woods (O)
 10:30.25 Joel Spratt (O)
 10:36.56 Chris Hutchinson (O)
 10:46.32 Saeed Kayhanian (C)
 11:02.59 Britney Ollinger (O-woman)
 11:07.90 Allison Kindig (C-woman)
 11:37.52 Rosa Christie-Lowe (O-woman)
 11:52.14 Sarah Lyons (O-woman)
 11:55.36 Kyra Morris (C)
 11:56.71 Miranda Stoddart (O-woman)
 12:03.82 Sarah Lawson (O-woman)
 12:06.21 Hannah Clifford (C-woman)
 12:19.01 Anna Klaptocz (O-woman)



LICC: 2016 Series

Match 1. Lee Valley , 17th April



Match 2. Allianz Park, 19th June

400m Hurdles

Race 1

2	LOUIS GARDNER	57.29
5	RONAN LLYR	01:02.86

400m Hurdles

Race 2

3	CAROLINE HILLEY	01:04.67
4	FFREYA SHEARER	01:07.19
5	ALICE FLINT	01:08.30

400m Hurdles

Race 3

2	LAURA COOK	01:06.59
4	GEORGINA ELLIS	01:20.20

5000m Race 3

2	JED MARSHALL	15:45.26
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100m Hurdles

Race 2

		1.9
1	CAROLINE HILLEY	15.34
2	CLAIRE SEAR	15.94
3	FFREYA SHEARER	16.07
4	EMMA ROBERTS	16.56

800m LICC 1

1	SEBASTIAN CHELI	01:56.52
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800m LICC 3

1	RACHEL SKOKOWSKI	02:26.20
2	LIZZIE SANDHAM	02:29.16
3	YANNA RAYLON	02:30.64

100m LCAS

Race 2

		-0.1
2	Mark Dyble	11.28

100m LICC

Race 1

		0.0
2	JAMES BROOKS	11.27
6	MING WANG-KOH	11.89

100m LICC

Race 2

		1.4
1	CLAYTON GILLESPIE	11.21
5	AUSTIN DE MAILLU	11.55

100m LICC

Race 5

		0.2
2	CLAIRE SEAR	13.36
4	EMMA ROBERTS	14.11
5	KELTIE MCDONALD	14.44

100m LICC

Race 6

		-0.9
3	OLIVIA HYLTON-PENNANT	14.33

400m LICC

race 1

1	JOSH EVANS	49.84
3	JAMES BROOKS	50.06
4	CASPAR ELIOT	50.54
5	LOUIS GARDNER	51.61
6	WILLIAM DAVID	51.87

400m LICC

race 2

1	AUSTIN DE MAILLU	52.23
2	HUGH BAKER	53.41
3	EDWARD REES	54.56
4	MING WANG-KOH	56.19

400m LICC

race 3

2	CAROLINE JONHSON	58.95
3	CATRIONA MARRIOTT	01:01.41
4	ALICE FLINT	01:02.22
5	RHIANNON PHILPS	01:05.73

200m LICC

race 1

		0.9
1	JAMES BROOKS	22.43

200m LICC

race 2

		1.1
1	CLAYTON GILLESPIE	22.64
3	CHARLES OAKLEY	23.33
4	AUSTIN DE MAILLU	23.49
5	PATRICK CALVER	23.63

1500m LICC

1	MICHAEL COSTANTE	04:06.75
3	JAMES COXON	04:10.40

Long Jump Men

2	ALEXANDER MACAULAY	6.13 -1.8
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Long Jump Women

1	CHLOE RIXON	4.69 -2.7
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Triple Jump Men

1	MATTHEW HOULDEN	13.83 -1.0
2	EMMANUEL GBEGLI	13.33 -1.9

Triple Jump Women

1	CHLOE RIXON	10.73 -0.4
2	CLAIRE SEAR	10.28 -3.9

High Jump

1	ETHAN SURRELL	1.92
2	CHRISTOPHER LITTLE	1.75
3	TOMAS MARINO	1.75
4	ANNABELLE BATES	1.65
5	IMOGEN DOWNING	1.50
6	EMMA ROBERTS	1.35

Pole Vault Indoors

2	KRIS JENSEN	3.60
3	DUNCAN HICKLIN	3.20
4	SAM RAWLINSON	2.60
5	REBECCA MARTIN	2.60
6=	REBECCA MARKHAM	2.00
6=	IMOGEN DOWNING	2.00

Javelin

1	DAVID KORCZYNSKI	53.82
2	ARRAN DAVIS	51.45
3	GUY FAIRBURN	44.55
2	ISABELLA COUTTS	35.06

Shot

2	BO IVANOVIC M75	9.17 4kg
2	ROISIN BECK TAYLOR	7.46

Hammer

4	ROISIN BECK TAYLOR	30.12
5	CLARE PACINI	26.77

Discus

5	ROISIN BECK TAYLOR	22.68
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400m Hurdles Race 1

3	Louis Gardner	56.47
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400m Hurdles Race 2

3	Gladys Ngetich	01:06.95
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800m Race 1

2	Josh Coxon	02:01.26
6	Emily Hoogkamer	02:25.29

100m Race 4

		-0.9
4	Matt Houlden	11.60
6	Sandy MacAulay	11.63

400m Race 1

7	Hugh Baker	51.28
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200m Race 3

		-1.8
3	Louis Gardner	24.23

200m Race 7

1	Gladys Ngetich	28.8
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110m Hurdles

		-2.3
1	Matt Houlden	16.72

Long Jump

5	Matthew Houlden	6.82
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High Jump

1	Christopher Little	1.80
2	Matthew Houlden	1.75

Pole Vault

1	Silvia Amabilino	3.50
2	Sam Rawlinson	2.80
3	Imogen Mulliner	2.60
5	Rebecca Martin	2.30

Javelin

2	Ellie Lane	29.22
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Shot

2	Bilen Ahmet	9.92
3	Bo Ivanovic M75	9.83
1	Anna Niedbala	11.02

Hammer

2	Bilen Ahmet	24.60
1	Helen Broadbridge	50.90

Discus

		Conerney
2	Michael M40	37.76
4	Bilen Ahmet	28.73
1	Anna Niedbala	44.32



Match 3. Allianz Park, 30th July

400m Hurdles		
2	Gladys Ngetich	67.52
800m race 1		
4	Niki Faulkner	01:59.03
100m Women		
6	Hephzibah Adeosun	0.3
100m race 8		
2	Tomas Marino	1.3
400m race 1		
3	Hugo Fleming	50.51
200m Women A		
7	Hephzibah Adeosun	1.8
200m race 5		
4	Ming Wang-Koh	1.3
1500m Mixed		
2	Hugo Fleming	04:16.54
Triple Jump Pool 1		
1	Carl Britto	1.6
Pole Vault		
2	Bilen Ahmet	3.30
Shot		
2	Bilen Ahmet	9.95
2	Tomas Marino	9.26
1	Bo Ivanovic M75	9.96
Hammer Pool 2		
1	Bilen Ahmet	26.27
Discus Pool 2		
2	Bilen Ahmet	26.67
1	Tomas Marino	26.16
1	Bo Ivanovic M75	23.54



History Corner—the 1936 CUAC Decathlon



Match 4. Allianz Park, 27th August

5000m		
1	REBECCA MOORE	16:57.95
400m Hurdles race 2 NB 1 hurdle missing		
1	GLADYS NGETICH	01:08.50
100m race 2		
3	WILLIAM MORRIS	-1.5
400m race 1		
2	BEN CARNE	48.63
6	HUGH BAKER	51.06
400m race 2		
2	HUGO FLEMING	50.56
400m race 4		
4	GLADYS NGETICH	01:03.35
200 race 2		
4	HUGH BAKER	-0.5
200m race 6		
2	PAUL WILLCOX M60	24.07
Pole Vault		
1	CHRIS DAY	29.89
3	SAM RAWLINSON	3.30
Javelin		
3	ELLIE LANE	2.50
Shot		
3	JACK PAGET	29.49
2	EMMALINE OKAFOR	12.02
Hammer		
1	EMMALINE OKAFOR	9.54
Discus		
2	RICHARD HEALEY M60	25.19
3	EMMALINE OKAFOR	38.43
3	EMMALINE OKAFOR	19.98

I was recently asked (by some NUTS folk) to try to dig out details of a Cambridge University Decathlon, held at Fenner's in 1936. This decathlon was a rather mysterious event, and does not figure in the CUAC "records of results". But, by looking at the CUAC Committee minutes, I found that, on 20 January 1936, "(Richard) Webster proposed that a decathlon competition should be organised for the benefit of field events in general and one or two members with Olympic aspirations. On the grounds of possible injuries and the dissipation of energy such a competition would entail, it was suggested to hold it during the summer Easter Term. J.C. Horsfall suggested May 9, and the resolution was adopted".

The "one or two" were, of course, **Richard Webster** himself and **Josef Klein** (who had just come up to Emmanuel from Czechoslovakia - although really via his father's good London job). I sense that Webster was regarded as a bit of a nuisance, with his pushing for more field events competition. I know that several javelins were purchased at that time, and immediately regularly broken! And I remember speaking to Maurice Scarr and Lionel Elvin, in the 1970s before they died, and hearing that CUAC track runners of the 1920s/1930s mostly simply ignored everyone and everything to do with throwing events!

Anyway, the decathlon was duly held, although the dates are unclear (either May 9 or May 11/12). And I have found the results, by complex means. Whether the judging was accurate seems to me doubtful (although Webster's father may have organised something) - some CUAC Committee minutes of that time contained appeals to "Blues to learn how to time keep, in order to officiate at College events".

	Klein	Webster
100m	11.1	12.4
LJ	6.44	5.43
Shot	11.45	10.79
HJ	1.54	1.62
400	52.9	58.7
110mh	17.0	17.4
Discus	36.72	32.79
PV	3.12	3.58
Javelin	56.56	45.88
1500m	4:44.0	5:28.0
Score	6245	5182

Respectable marks - Klein became the British all-comers record holder thereby, and Webster the UK record holder.

Both went to the Berlin Olympics that year, Webster in the pole vault, Klein in the decathlon.

Klein's mark stood till Geoff Elliott broke it in 1952, but Ronald Walker broke Webster's mark with 5305 in July 1936.

- Chris Thorne

In Memoriam

MC Robinson (Queens' College, Cambridge 1957-61) in May 2016.

Mike Robinson was President of CUAC in 1960, and Hon Sec in 1959. He won the 120yH at the Varsity Sports of 1958, and in subsequent years was narrowly beaten over 120yH and 220yH by Rex van Rossum and Michael Parker. He toured N America in 1961, placing second to Parker over both 120yH and 220yH against Cornell & Penn and again against Hamilton Olympic Club a week later: he ended the tour with silver medals at both 120yH and 440yH at the Canadian Championships.



Back Row: Roger Lane, David Waterhouse, David Harrison, Rodger Bell, Mike Robinson, Frank Rutherford, -, -, -, Brian Smouha, -, John Boulter, -, -, Adrian Metcalfe. **Seated:** -, Tim Briault, -, -, Pat Lyle, Mike Ralph, -, -, Mike Parker, John Holt, -, Steve James. **On floor:** -, -, -, Colin Bacon, Dewi Roberts, -, Jon Hutton, middle of three Michael Davies?, -, -, -, -. Arthur Selwyn (five from right) Alan Malcolm (extreme right middle of three)

" 50 years In " ~ $\frac{2}{4}$ Pipe March



John Holt (UVAC 1957-61)

In Memoriam

JB Holt (St Catherine's Collge, Oxford, 1957-61) on 17th November 2016.

John Holt was President of OUAC in 1961 and General Secretary of the IAAF from 1976 to 1991. He competed in the Varsity Matches of 1958 (at 220y), 1959 (440y), 1960 (440y and 880y) and 1961 (880y, 2nd). He was AAA Junior Champion at 440y in 1957, and in 1959 he placed 2nd in the Universiade 800m. He had an 880y pb of 1:50.0 (equivalent to about 1:49.3 for 800m)

John (pictured at the Achilles Ball of 1991) went on to become one of world sport's leading administrators, serving under successive IAAF Presidents Adrian Paulen and Primo Nebiolo, and working closely with Robert Stinson, who was Hon Treasurer for much of that period.

John had been Organ Scholar at St Catherine's. For an Achilles reunion dinner he composed, and performed on the accordion, the piece illustrated.



John was a fellow Old Mancunian, though a bit younger than me. We missed each other at school by several years and our paths only crossed intermittently later in life, but we had plenty to talk about when they did. He had a marvellous career as an administrator. - *Rob Shaw*

How very sad. I had not been in contact with John for over 40 years until a telephone call out of the blue a few months ago. We intended to get to get together ... - *Mike Parker*

John was a bit younger than me, but I got to know him well in the 1960s & 70s - although not well enough to know that he was an organ scholar! It is a very sad loss - he was a good man, well liked & well respected. - *David Donaldson*

John was a hero of mine when I was a schoolboy, and possibly the reason I chose Oxford when my headmaster was suggesting another place. I recall meeting him at Oxford soon after he had taken up his first IAAF post, having previously taught at Tonbridge, and asking him whether he had lost his amateur status, to which he was somewhat equivocal. — *Malcolm Warburton*

We first met in 1966, when we both ran in the Northern Schools at Bellevue, Manchester (a track long gone). John won the 440 and I won the 220! I was also very pleased to have competed against him in two varsity matches and relays. He was a very nice man without any side.—*Dai Roberts*

It is very sad especially when your contemporaries go. Not a direct competitor but a friend through 1958 to 1960.—*Alec Fruin*

John was a great man, admired by all and much loved as well as doing outstanding work for the IAAF.— *Michael Hogan*.

I knew John since my Oxford days in the 1950's. While he was IAAF secretary I had many contacts with him. He always was most helpful and considerate. Primo Nebiolo, the IAAF President, was very hard to take, not only for John but for all who knew John's worth.— *Ian Boyd*

A pillar of the OUAC, and a very talented athlete (English Schools 880 title and the rest is history). Deputy Head boy of Manchester G.S. - *Roger Thorn*

Sad news - quite a shock, although I do remember John telling me of some serious health problems when he gave me a lift back to our friends' home after the Achilles Dinner in 2014. We saw a lot of one another in John's year as Pres., particularly as I was Hon Sec; he maintained the OUAC run of success from Rex Van Rossum's year - making it all the more galling for me to lose it in 1962.— *Roger Lane*

I had had no contact with John since around 1959 (I was two years ahead of him and three or more yards behind him in 440 at Oxford), and out of the blue, after that 56-year gap, he rang me about three months ago. I think he had it in mind to get together at some point - but clearly that was not to be. I honour his memory, both as a superb athlete, but also for all he since done for athletics administration. He told me on the phone that he was organist in a local parish church, a side of his life I had not encountered; I don't think I even knew he was an organ scholar. - *Colin Buchanan*

John Holt was at the helm of the IAAF at a time of immense change for the association and athletics as a whole. His professional management, passion and dedication for the sport he loved was widely admired and helped guide athletics from amateurism to an increasingly professional era. During his tenure, the Olympic Games ceased constitutionally to be athletics' world championships, with the inaugural IAAF World Championships in 1983 signalling a major transformation in the sport's calendar and financial fortunes. His role in this process is a truly great legacy.

— *Sebastian Coe*

In Memoriam

Dr DM Turner (Queens' College, Cambridge, 1959-63) on 7th January 2017

On the track Mike won the 3 miles at the Varsity Sports of 1963, having placed 2nd in 1962 and 4th 1960 and 1961. He was 1st in the 2 miles against Penn & Cornell in 1962, and 2nd to Bobby Mack against Harvard & Yale in 1963. But it was at cross country that Mike was world class. He ran in the Varsity Matches of 1959 (4th=), 1960 (2nd= with Herb Elliott—*photo below right*), 1961 (1st) and 1962 (1st). Cambridge won on all four occasions. He was secretary of CUH&H in 1960-61, captain in 1961-62 and president from 1976 to 2006. He won the Universities' Athletic Union Championships in 1960 and the British Universities' Championship in 1964 (joint with Fergus Murray) and 1965. He came second in the National Cross-Country of 1964 and (by a whisker to Ron Hill) of 1966.

By Roger Robinson *[photo: no 239]*

Mike Turner *[photo: no 240]* would have made a good monk. He was happiest when he was most rigorous. Running for him was the discipline that gave meaning to his life, yet was also a source of joy, a radiance. To us lesser runners he was the Iron Man, but he was also light-hearted, laughing company at all times - except in the middle of a fierce repeat across a field of glutinous Cambridgeshire mud.

A much better and more dedicated runner than I, he tolerated my lapses and complaints generously. I used to describe the condition of being exhausted and flat from excess of hard training as being "turned." I claim his most common phrase was, "Get up, Robinson, only two to go."

We were the same age almost to the day, and at 19 arrived at the same college. He was always the leader among the student runners, sure in his beliefs (train harder than anyone else), iron-willed in his example, yet kind, never stern or critical. That gave him a charismatic genius for transforming modest talents into good runners, and making student team running something to be remembered and valued through life. He did that for me. I'd been a runner since my early teens and always loved it, but had never really committed myself. Three runs a week and not at all in summer is how I remember my teen years. I didn't start a running diary till after I met Mike. Life was too full, and I didn't see myself as good enough. We had no coach at my high school, which was great for learning independence but made it hard to set your sights high. Then I went to University and met Mike.

Training with a friend who was a better runner, better informed, confident in his opinions, and also likeable and encouraging, my amateurishness about running began to change. Just before turning 21, I ran seven days in a week for the first time, four of those days with Mike (according to the diary I had only just started to keep).

Mike and I became regular training partners during our twenties. For some periods we ran together every day, or twice a day. The friendship became a close bond when we were paired in the Cambridge University John o' Groats to Land's End Relay, a team of ten students running the entire length of Great Britain (850 miles) in just over three days. It's a short-cut to lifelong friendship when you learn in the heat of action that you can absolutely trust the other person to deliver.

The best years came when we were both working on our PhD research, in different subjects, a time of blissful freedom from schedule constraints. Now in our mid-twenties, we ran together, often very hard, in the middle of every day ("the only time it's worth being outside in winter," Mike said in his definitive way). Our staple was long repeats across tough country. Then we would have a hot soak in the deep old-fashioned College baths, and from the next cubicle Mike would sing, in his lyrical light tenor - folk songs, mostly, sometimes hymns, from his days as a boy treble in the Liverpool Cathedral choir. Then we lunched cheaply, and talked and laughed a lot. It all knocked a hole in the day, and meant working late in the University Library, but what I learned from Mike, from the million topics we discussed, and from the English countryside that we explored so rigorously, made it time well used.

He took on club duties. Profoundly loyal, he would race to the limit for one of his teams - college, university, club, county, country - and perhaps fell just short of greatness because he gave so much so often to so many teams. He would do anything for another runner. "No bother, no bother at all!" was his rhythmic



mantra, chanted almost musically. He was happy in the community of runners. Yes, he would have made a good monk.

By now Mike was among the world's best cross-country runners. He was England's captain in a supreme era. Team-mates during his ten years at that level, 1961-70, included Basil Heatley (Olympic marathon silver), Bruce Tulloh (European 5000m champion), Ron Hill (European and Boston marathon champion), Tim Johnston (8th Olympic marathon 1968), and Roy Fowler (1st International x-c, 3rd European 10,000m). Among such colossal heroes, as they seemed from my level, Mike was liked, admired, and feared, just as he was by me. He beat Hill for the British Universities title, and came literally within an inch of beating him for the England cross-country championship in 1966. That day, a little further back in the field, I made it to international selection for the first time. Mike was a key factor making that unlikely leap possible.

Mike was indeed a legend, a real life Wilson of the Wizard, a tweed-suited don who rained and raced like a demon. He was 19 when he arrived at Cambridge and he was still winning university races in his fifties.

We runners knew little of the work he did for Queens', for Peterhouse and for the University, but his integrity shone through everything he did. It stood him in good stead when as British team manager in Seoul he had to defend Linford Christie against doping charges.

Mike was a man of many parts, not just a world-class runner and administrator, but also a singer and a poet and with a great sense of humour. He took work and his running seriously, but never himself. He is much missed.

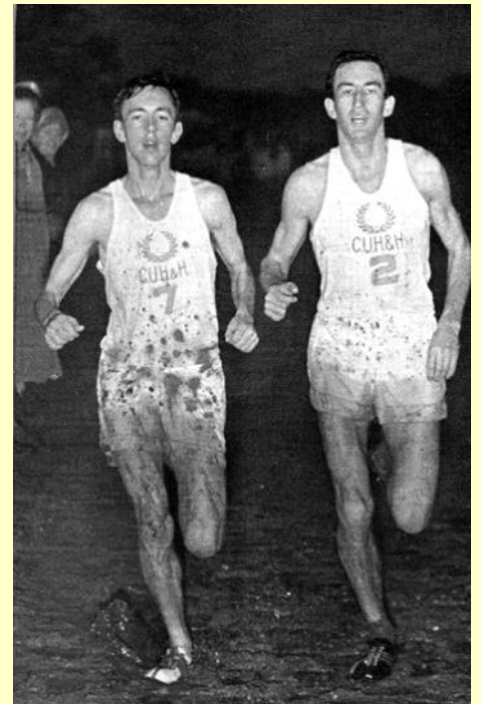
- Bruce Tulloh

One of the all time greats of Cambridge distance running and such a nice guy

- Roger Norton

Mike did win the Inter-Counties cross-country (1964), and several British University titles. His best international placing was seventh in the International Cross-Country in 1970. Later he took senior positions in British Athletics, and we trained together once again on the Olympic training track in Seoul in 1988, when he was British team manager and I was a New Zealand TV journalist, two ageing and slowing friends keeping

the inside lanes free for the fleet Kenyans. He stayed on in Cambridge, as a lecturer in Land Economy and college fellow. He was famed among generations of students for his frayed and faded running gear. Monk-like, he thrived on the collegiate life of a solitary scholar's rooms and communal gourmet meals. That side extended to home, and I was one of many who often took advantage of the legendary hospitality that he and Glenda provided. Part of the allure was that he carried the special responsibility of selecting the college fellows' vintage wines. Mike kept racing well into his fifties, though heart arrhythmia sometimes stopped him. That trouble deepened and he hit seriously bad health in his later sixties. Some of us attributed it to his insistence in later years on going for his daily run at 4.30am (the rigorous monk again). In 2012, he had a stroke, suffered blood clots, eventually a leg amputation. That was unthinkable, for such a supreme runner. Supported by Glenda, he lived a restricted life with stoic resolve, and their apartment became yet again a buzzing centre for the many visitors who remembered his support and leadership in their youth.



To his death (at age 77 on January 7, 2017), Mike has remained one of the main reasons I go every year to England. He was, and will remain, the friend of rich contrasts - light-hearted yet stern-minded; generous yet disciplined; the fiercely private individualist who sacrificed himself week after week for his team; the singing iron man who could run away from me with such zestful rigour.

Mike Turner was the first to show me that running is worth doing well, worth committing yourself to do well, and worth thinking about well. He showed me that running can be an intellectual challenge and an emotional passion as well as a physical sport. That helped shape my life.

"May the gods direct you to the best," said Shakespeare. Or if you're lucky, you'll find a friend like Mike to do it.

By Tim Johnston:

- Wilson of the Wizard climbed Everest. Without oxygen. In bare feet. With a man on his back.
- Mike Turner aka Wilson ran the 3 Peaks. Without a compass. In boots. And won by half an hour.
- Mike Turner ran 32 quarters. With a half-minute interval. On Inverness station platform. In a snow-storm.
- Mike Turner ran all 6 legs of the Selwyn Relay. And broke the record on 3 of them.

This was a man around whom myths accumulated. And my first encounter with Mike was certainly in keeping with the myth.

29 April 1960, Milton Road: I was in my 'gap' year, a promising schoolboy miler, representing Cambs. County AAA against the Alverstone Club.

We toed the line, shivering in the wind gusting off the fens; five of us: Alverstone were a man short. Cyril Coote raised his gun. Suddenly, a murmur ran through the sparse crowd. All eyes turned to Magdalene Field. Cyril Coote lowered his gun. An emaciated figure in a torn yellow singlet, clutching a pair of mud-encrusted spikes, slipped between the beech saplings.

After he'd breezed by me in the final straight (4'21.6" to my 4'23", according to my race diary), the Man in the Yellow Singlet briefly shook my hand, swapped his spikes for a pair of battered dunlop plimsolls and headed off in the direction of Milton.

'Who was that?'. 'Mike Turner. He's training for the AAAs.'

6 months later I came up to Cambridge. It was an auspicious time. The Freshers' cross-country trial was won by Martin Heath, who'd run away with the All-England Schools Mile in a record 4'12" (3'54" in metric terms). A notable absentee from that Freshers' race was a certain Herb Elliott, who'd also recently run 3'54" – over the full Mile distance. And shortly before that he'd destroyed the Rome Olympic field and the world record in the metric mile. Which, he reckoned, was a doddle compared to attaining the necessary level in Latin to satisfy the authorities of Jesus Coll. And there was a whole bunch of other talented freshmen. There were also Mike Tribe, ex-Durham captain, Allan Fairbank, star junior half-miler, George Lawson. . . Plus all the old lags: Blues, Spartans, JOGLER veterans. I won't quote names, in case I leave anyone out. Like Jeanne Moreau in Jules et Jim, which all of us of that generation saw at least three times: *J'ai la mémoire qui flanche, je ne me souviens plus très bien...*

But the guys who really counted at the Hare and Hounds, the *capi dei capi*, were the captain and secretary, Messrs TJ Briault and DM Turner. They dominated every race, every training session: pack runs thru the Grantchester mud, interval sessions fending off the Mad Dog of Parkers Piece, Gogs Run from Harvey Road, with the compulsory sprint up Harry's Plough, followed by the lung-searing drag to the top of Misseton Hill.

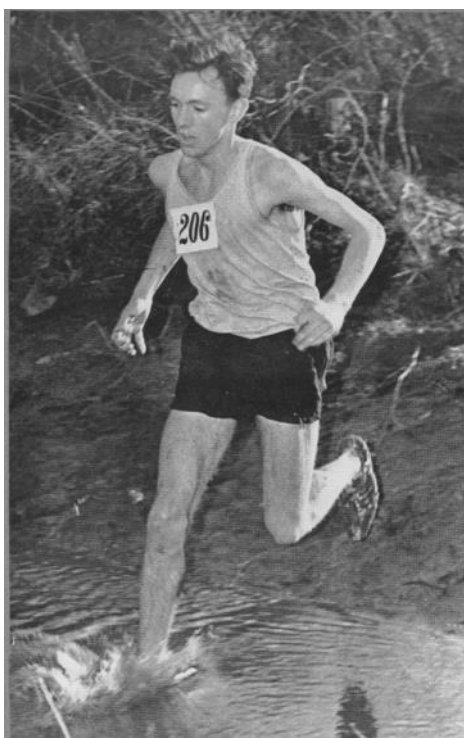
And also every Hare and Hounds tea in Mike's rooms in Fisher Court, Queens'. Mike sang, Tim accompanied him on the guitar. One of their favourites was the Irish rebel song, 'Johnson's Motorcar'. 'They've stolen Johnson's motorcar, Johnson's motorcar, Johnson's motorcar! . . .'

I nibbled at my cake and crumpets, sipped at my orange squash and swore I'd train harder, beat the bastards!

But it took a while. Tim ran away with the Varsity Race, Mike came in equal 2nd with Herb, I failed to score. Though I did beat 5 Oxford men. At the dinner, Mike made a speech in which he memorably referred to our hosts at Thames as a 'bunch of chinless wonders'.

Mike, like his father, Joseph Turner QC, was not a man who gladly suffered fools. Especially fools who indulged their carnal appetites. I hope I won't overly embarrass the current clubbable Dr Turner: bon-vivant, wine-buff, fellow of 'Porterhouse', if I reveal that the Turners were Plymouth Brethren. In the Turner household, any activity that could be regarded as in any way pleasurable was strictly verboten. Haram! So Mike took up running. But that was forbidden too. At Liverpool College they were ahead of their time. Like the Labour faction that would later take over the local council, they believed that individual sports - which produced individual winners and losers - were anti-social, bad for the character. So Mike had to train and compete in secret.

And it was at this point, one might surmise, that the iron entered the Turner soul. Here we see the origins of the Mike Turner who, in singlet and shorts, on successive February afternoons on snowbound John's field, would run 16 interval half-miles with a minute jog, 12 by three-quarters with 2 minutes (the easy day!) and 9 by a mile with 3 minutes. Mike Turner, inventor of the sausage session, Mike Turner, inaugurator of the 15-mile Gogs Run. Mike Turner, Destroy-



er of the North. I expect most of you here have heard of Ron Hill. Maybe you've even plugged through his

I hesitate to tell you about his classic shortcuts in the Boundary Run. 'Oh, hullo, says the lady in the semi on the Shelford Road, opening her back-door, 'we've been expecting you. Just stay on the newspaper, dear, if you don't mind. We've had the hall re-carpeted.'

books. Enthusiasts may also remember Mike Freary, Gerry North, Alan Simpson, John Hillen, John Anderson, Colin Robinson. Northerners all. Hard men. In the Northern cross-country champs, Mike beat them all out of sight!

Come the National, if he'd not succumbed to injury or illness, Mike would do it again. That first year of mine at Cambridge, Tim and Mike finished 5th and 7th, making the England team (continuing the tradition inaugurated the previous year by Harry Minshall). Prior to which, Mike had run away with the BUSF, where I'd had to concede 2nd place to a stocky little round-shouldered eternal student from Manchester University called Ron Hill.

Mike made the national team 5 more times. In 1964 at Leicester, hopping through the mud with my leg in

plaster, I had the satisfaction of watching him out-sprint the little round-shouldered guy for second, behind untouchable Mel Batty (though Mike had surprised him and everyone else, including himself, by beating him in the Intercounties). A couple of years later, the boot was, sadly, on the other foot. Graves Park, Sheffield. After an epic battle over 9 miles of mud and hills, the little guy outleaned Mike at the tape. Pity. Mike's best chance to win a title that he'd earned several times over.

In all, Mike made the England cross-country team 6 times, captaining it in 1970 at Vichy, when England, led home by Mike Tagg, made a clean sweep of the medals, and Mike himself finished 7th, his best placing in what was then still known as the International Cross-Country Championship.

Seventh. Not a true reflection of Mike's international standing. Possibly the man-killing training sessions, the runaway wins in the Lancs, the West Lancs, the Northern, the countless road relay records, came at the expense of victories in bigger ponds. Mike certainly never lacked international invitations. Over and above European cross-country events, Mike also competed abroad, both on the track and on the road. And in some exotic locales: World University Championships in Brazil and Bulgaria, Uhuru Independence Games in Nairobi, Sao Sylvestre New's Eve race in Sao Paulo. But he never truly did himself justice.

Except the once.

Cinque Mulini, season's closing cross-country race, always a top-class field. The year I ran it was won by Billy Mills, who'd just taken the Olympic 10,000 title from Gammoudi and Ron Clarke. These days, it's a carve-up between Kenyans and Ethiopians. Mike was up against Michel Jazy, world record holder for the mile and 5000 metres. In peak form, in process of moving up to the 10,000.

The Cinque Mulini is one of those devilish courses for

Mike was first and foremost a Queens' man. In 1961, Queens', with just 400 undergraduates, failed by a whisker to take the Hyde Park Relay from 20,000-strong Manchester University. Another half-mile, and Mike would have had that guy...

which the Europeans are notorious. It's run over a stretch of reclaimed swampland in an industrial suburb of Milan. On each of the four two-and-a-half k. laps you have to leap a score of drainage ditches, reeking with industrial effluent. And run through five mills. Literally through them! In through the front door, zig round the giant cogs and grinders, exit through the back.

Mike, veteran of training sessions around station concourses and airport departure lounges, was in his element. He rapidly built up a 20-metre lead. The honour of France was at stake! So Jazy did what he was famous for. As they approached the start of the final lap, he sprinted. The guy had run the mile in 3'53", Mike hadn't broken 4'10". The 20-metre deficit was transformed into a 5-metre lead. Mike wasn't too bothered. Two-and-a half k still to run, 20 ditches to jump, 5 mills to negotiate. The Frog had obviously miscounted the laps. Or maybe he was giving himself an excuse in advance for losing to a perfidious Brit.

Never underestimate a Frenchman! As they approached the first mill, shoulder to shoulder, Jazy sprinted again, got through the door first. Then he stopped dead. Sparks flew as Mike ground his spikes into the concrete. Jazy had broad shoulders. And sharp elbows. No chance of getting by. Out the back-door, another spurt. 5 mills, at intervals of 500 metres. 5 by 500 metres with a 20-second jog. Meat and drink to the world record-holder for the mile. Inevitably, Jazy broke the tape first. But all the on-lookers agreed, even the partisan commentators of Gazzetta dello Sport and L'Equipe, that the moral victor was DM Turner of England.

In Memoriam

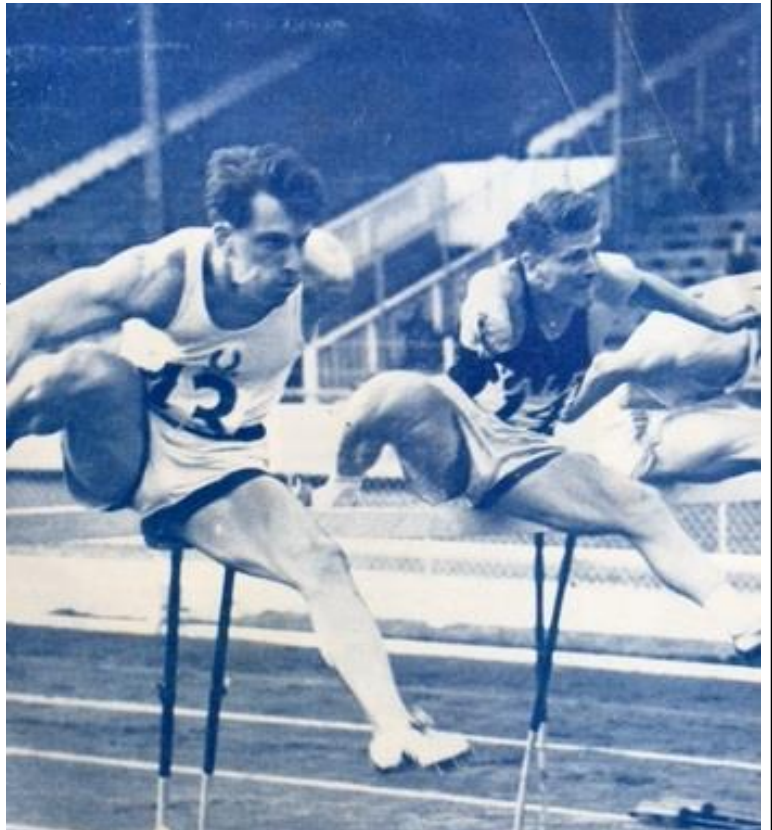
RPD van Rossum (Pembroke College Oxford, 1955-59) on 25th December 2016.

Rex van Rossum was president of OUAC in 1959. He competed in the Varsity Matches of 1957 (120yH), 1958 (100y, 120yH, 220yH) and 1959 (120yH, 1st; 220yH). In 1959 against Harvard & Yale he placed 3rd at 120yH and 4th at 220yH.

In the early 1960's he authored several books on athletics training and coaching.

Rex (*nearest the camera in the accompanying photo of the Harvard-Yale match in 1959*) was an athletics enthusiast through and through: an inspirational leader who maintained contact with his team mates long after they had all hung up their spikes. The 'van Rossum crowd' were a regular feature of Achilles annual dinners, and his absence in recent years was keenly felt. It is only now that we realise that he had been suffering from the scourge of dementia. OUAC's margin of victory in 1959 under Rex, by 90 points to 45 was emphatic, and it was to his athletic achievements that his mind tended to return in his final years.

The tributes from his OUAC teammates are testament to the respect and affection in which he was held.



I was more or less a contemporary of Rex at Oxford, and often ran for OUAC, though not, as it happened, in the Varsity Match itself, and I never therefore had a half-blue. It was Rex who carefully did not pick me to be second string in the 440 for the Varsity Match in 1959. As the man whom he selected, Mike Reigels, then won the 440, his choice was fully justified, and certainly Rex continued on very good terms with me.

So skip nearly 40 years and you will find Rex seeking me out (I was a bishop in South London) and persuading me to come to an Achilles dinner in Cambridge, and I thus had a chance to find out more of what Rex had been doing - and Rex in turn asked me to contribute to the book of memories he compiled for Derek Johnson's widow, when Derek died in his early 70s, leaving a young widow and young daughter. Derek had been two years ahead of me at my own college, Lincoln. Rex continued to write to me, we occasionally talked on the telephone, and exchanged Christmas cards, and I learned a bit of how he had spent the main years of his life (including his passion for coaching). Then about three years ago, perhaps four, there was no Christmas card....

I pay glad tribute to him. His enthusiasm for the sport (and commitment to training, to refining technique, etc) was tremendous, and his captaincy conveyed that passion to others. And his sheer friendliness in recent years has been very touching to a contemporary. —*Colin Buchanan*

Rex was as passionate about athletics and the OUAC as he was about winning and beating the Tabs. He was also an exceptional leader who cared about everyone prepared to devote their afternoons to training at Iffley Road in the hope of making the journey to the White City. I know he was particularly proud of Oxford's remarkable victory in 1959 and he went to great lengths, over the years, to gather up as many of the athletes of his Presidency as he could to remind them, not just of the victory, but of the team spirit he had helped build. He was an exceptional President. - *Ted Aves*

He was a formidable athlete, competitor, and a very great leader. I was in the Cambridge teams of 1959, 1960, and 1961, and suffered the effects of his leadership of OUAC! - *Dai Roberts*

As a fellow hurdler and member of the Hurdlers Union, I am saddened by the death of Rex van Rossum. I did not know him well personally, but knew of him. From his form in the photograph he was quite a decent hurdler *Bob Shaw*

Rex was the dominant personality of my Freshman Year at Oxford. He awarded me my first Full Blue at trackside at the Varsity Match in 1959, my having just beaten the first Cambridge miler home, Alec Fruin, in a photo-finish, despite my lowly seeding of 3rd String Miler for Oxford. One of those memories which never fade. - *Roger Thorn*

I remember in particular Rex's chagrin in 1995 at the centenary of the Oxford & Cambridge v Harvard & Yale match with Rex had trained with enthusiasm for the veterans' events, run alongside the main match: but to his great disappointment he had overdone it, and pulled a hamstring.... Determined to be part of it he nevertheless donned his Oxford kit, and looked fit enough to have shown a clean pair of heels to many of us younger 'veterans' on that day if he'd had the chance—*Paul Willcox*

I first encountered Rex when I took over organising the Achilles Varsity Match Dinner in 2004. The notification to members used to go out and every year Rex would be the first to respond with about a dozen athletes from his year who would probably be attending. We always followed up his written response with a long pleasant telephone conversation to check numbers and let him chase up replies from his chums. It was a curious thing but after I got to know them at the dinners I almost felt part of the team. I met him over a number of years until he told me they had all had a private dinner together for a last time as age was catching up and he could no longer attend. For many years they did indeed constitute the backbone of the event. His enthusiasm for Varsity Athletics and his constancy to the cause were remarkable. —*Tom Dowie*

In Memoriam

Dr EL Ellis (St Catharine's College, Cambridge 1933-36) on 26 January 2016 aged 101

Leslie Ellis won the Mile in the Varsity Match of 1936. It is remarkable to realise that he was a teammate and contemporary of Olympic legends Jack Lovelock and Jerry Cornes. In a distinguished athletics career, he also won the 3 mile Inter-Counties at the British Games held at the White City in May 1939 and had, like so many of his fellow athletes, been hoping to compete in the 1940 Olympics. Although he did resume athletics on returning home in 1945 from war service in the Far East, his best years were then far behind him. He was enormously proud of the fact that he was an Achilles member and a very keen interest in all club activities.



E. A. Hunter. P. D. Ward. J. F. Cornes. J. E. Lovelock. E. L. Ellis.

CEA Towne (Jesus College, Cambridge, 1934-37) in February 1999.

Charles Towne competed for Cambridge against Oxford both on the track and Cross Country (*photo: fourth from left, before the Varsity Match at Horton Kirby in Kent*) in the period 1936-7 .



Start of 3 Miles.

G. S. Taylor. P. Dyson. C. E. A. Towne. G. V. Cooper.
E. C. Weir (1st) J. M. Hawkey (2nd)



He toured the USA with the Oxford-Cambridge team and was victorious over 2 miles in the match v Harvard & Yale in July 1937 at Harvard Stadium, winning by 'a good 60 yards' according to contemporary newspaper reports.

Lt Col Ian Logan Roney-Dougal, OBE (Magdalene College, Cambridge 1935-36) on 23rd August 2010

JD de Paravicini (Emmanuel College, Cambridge, 1923-27) during the mid 1990s.

John de Paravicini ran in the 1926 cross-country race, the first to be held at Horton Kirby after the switch from Roehampton.

It wasn't a great day for him personally (he came last) or for Cambridge (who lost by a maximum score, 15 points to 40). In the photo John is seated on the ground, in the middle.



In Memoriam

DJ Piggott (Christ's College, Cambridge, 1939-41) on 6th March 2016.

Donald Piggott competed in the 100y in the 1941 Wartime Varsity Match.

Professor Sir Denys Wilkinson (Jesus College, Cambridge, 1940-43) on 22 April 2016.



Denys Wilkinson's generation had the misfortune of pursuing their education during the Second World War. Inter-varsity sport continued, albeit at a less formal level, as Denys recalled for the Club archives. He remembered in particular the somewhat basic high jumping instruction of the great Cambridge coach, Alec Nelson: 'Throw your leg over the bar..... and follow it as soon as possible'.

After wartime work on the British and Canadian Atomic Energy projects, he returned to Cambridge in 1946, and was Reader in Nuclear Physics from 1956–1957. He was made a Fellow of the Royal Society in 1956. In 1957 he went to Oxford as Professor of Nuclear Physics. On leaving Oxford, he served as Vice-Chancellor of the University of Sussex from 1976 to 1987.

Dr D M Loades (Emmanuel College, Cambridge, 1955-61) on 21st April 2016.

David Loades competed for Alverstone and was a supportive Achilles member throughout his life. A historian specialising in the Tudor era, he was Emeritus Professor of History at the University of Wales: he subsequently became an Honorary Member of the History Faculty at Oxford.

The Reverend Canon C.E. Johnson (Emmanuel College, Cambridge 1937-42) in 2012.

Charles Johnson won the 100y in the Varsity Sports of 1942, clocking 10.2 sec, the fastest time recorded in the Wartime series. He was captain of the University hockey team and continued to play the game for many years thereafter.

DRM Lillistone (Sidney Sussex College, Cambridge, 1953-56) on 10th October 2016 .

Derek Lillistone won the Varsity Match Long Jump in 1956, and placed second against Yale & West Point with 22 ft 1 "

On leaving Cambridge he went to Tanzania as a Colonial Officer where he continued with his athletics taking part in the East African games and encouraging the young men to take part in the Out ward Bound scheme; and he took a group of the African staff and climbed Mount Kilimanjaro. When Tanzania gained its independence he then went to Uganda Kampala University and did a degree course to teach. On completion he returned to teach geography at Tabora boys school. There he was a house master and also took charge of Sport. With the help of the boys he constructed a running track and coached the boys Many of them went on to represent Tanzania. On returning to the UK in 1970 he taught in Stevenage and then at Deben High School. There he encouraged the pupils to take part in sport. He was a member of Felixstowe hockey club and played until his mid seventies.



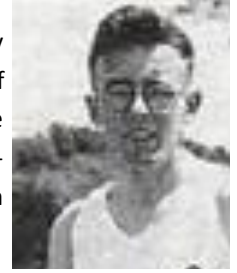
FM Aldridge (Lincoln College, Oxford, 1951-54) in September 2016

Mungo Aldridge was 6th in the 1953 Oxford v Cambridge Cross Country, contributing significantly to Oxford's win that year. He was latterly often in touch with the Club and attended many of our dinners.

In Memoriam

AJ Weeks-Pearson (St Catherine's, Oxford 1952-55) on 12th March 2016

Tony Weeks-Pearson captained OUCCC in 1954. In that year he won the Varsity Cross Country in a three way tie with teammates Ian Boyd and Chris Suddaby, mirroring a similar feat in the famous 'pea-souper' race of 1952 when he tied with Chris Chataway and Derek Law (the fog was so impenetrable that Old Blues were strung out around the course as marshals calling out 'Oxford & Cambridge' to enable the competitors to navigate). He won a silver medal in the 5000m at the World Student Games of 1953, held the UK indoor 3000m record, and placed 2nd in the National Cross Country Championships of 1955 and 1958.



MB Ranson (Keble College, Oxford, 1948-51) in June 2014

Michael Ranson captaine was Keble College AC in 1949-50.

Cecil Parkinson

Further to last year's obituary Keith Marsden writes:-

I enjoyed reading the Achilles annual report for 2015, and appreciated the attractive family photograph of Cecil Parkinson. I joined Cecil at Lancaster Royal Grammar School in 1947 at the age of 16, after my father had been appointed Superintendent of the Lancaster office of the Refuge Assurance Company. He had previously been in charge of its office in Toxteth, Liverpool, where I attended Quarry Bank High School (later attended by John Lennon, who named his first band - the Quarry Men).

John Metcalf adds:

Some time about 1995 **Cecil Parkinson** was approached by Robin Butler, former Oxford Rugby blue and then Cabinet Secretary, and asked if he would be guest of honour at that year's Vincents Dinner on the eve of the varsity Rugby match. Cecil thus became the first and I think the only "Tab" to have had that honour! He was warned that the dinner would be very boisterous as it usually was. Cecil was indeed heckled quite a lot but gave as good as he got. All this coincided with the views of some Vincents members of the "older generation" that things were getting too boisterous at the Vincents dinner and we would have a more enjoyable evening in the company of members of our own generation whom we knew,

Cecil and I played on opposite wings of the LRGS rugby first XV, and were members of its athletics team (rivals only over 440 yds). We both joined the RAF in February 1950, to do our national service (then for 18 months), before planning to go up to Cambridge in October 1951. I was lucky enough to get a commission as a Pilot Officer in the Secretarial Branch. But Cecil didn't. He became a sergeant in the Education Corps. His school record (where he was a prefect), and subsequent career as Margaret Thatcher's favorite minister, and twice Chairman of the national Conservative Party, amply demonstrated that he was "officer material. But perhaps the RAF selectors were influenced by the fact that his

liked and to some extent or other had kept in touch with. Both Bill Robbins and I knew Cecil pretty well (Bill had shared a flat in London with him) and following the above dinner occasion discussed things with Cecil who volun-

Cecil was warned to expect partisan behaviour at Vincents, but put down a heckler and won everyone over by telling a very good story about Roy Jenkins, the Parliamentary Labour Party and why the "Gang of Four" were leaving the Labour Party. —Bill Robbins

teered to host a dinner of "nearest and dearest" (my words!) at the Garrick Club on the eve of the Varsity rugby match and this he did for some 20 odd years until about 2 years ago when he

father was "only" a porter at British Railway's Carnforth station.

Half way through our RAF service, the compulsory period was extended to two years. But officers who were scheduled to go up to Oxbridge in October 1951 were allowed to leave early. I did 19.5 months, and arrived at Caius a day before the start of the academic year. But Cecil had to complete two years RAF service, so he didn't get to Emmanuel until October 1952. He later forgave me for my good fortune, when as a peer, he arranged for a press conference in the House of Lords for the presentation of my first Centre for Policy Studies pamphlet before the 1997 general election.

became aware of his illness.

Thus it was that the majority of people attending these dinners were Oxford ex-athletes. Of the 20 or so attendees about a dozen were regulars and others came from time to time. The regular people included, from Oxford in addition to Bill Robbins and me, Chris Higham, Paul Vine, Derek Johnson, John Young, the Pinnington brothers, Donald Gorrie, John Boulter, Derek Brierley, Rex van Rossum, Jan Hildreth, Adrian Metcalfe and from Cambridge Cecil, Alan Sexton, Roy Chapman, John Kitching, John Scott Oldfield. Occasional "Tabs" included Bob Stinson (once or twice when his wife had to deliver and collect him), Bob Barber, Michael Orrell -Jones & Brian Wardley.

In Memoriam

DL Rathbone MBE (Trinity College, Cambridge 1931-34) in 1991

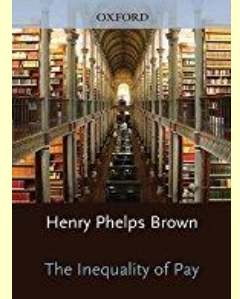
Denis Rathbone won the 440y at the Varsity Sports of 1934. At the 1934 Empire Games he was a member of the English relay team which won the gold medal in the 4×440y.

FA Montague (Balliol College, Oxford, 1922-25) in 1993

Francis Montague competed in the 1923 Varsity Cross Country.

Sir Henry Phelps Brown (Wadham College, Oxford, 1924-26) on 15th December 1994

Henry Brown competed in the Varsity Cross Country of 1926. He became a prominent economist.



IG Robin (Clare College, Cambridge, 1927-30) in 2005.

Ian Robin competed in the Varsity Cross Country matches of 1927 and 1928. He became a distinguished and popular London ear, nose and throat consultant.

Professor MW Lister (Oriental College, Oxford, 1932-36) on 27th June 2003

Maurice Lister competed in the half mile in the Varsity Sports of 1934 and 1936. He might have reached the 1936 Olympics but placed his academic work above the training required. He went on to Harvard on a Commonwealth Scholarship to work on atomic research and spectroscopy, and after the war worked at the University of Toronto.

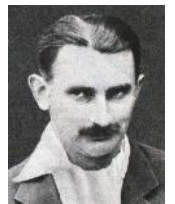
TBL Bryan (Christ's College, Cambridge 1928-31) in 2008

Thomas Bryan competed in the Mile at the Varsity Sports of 1930 and 1931, placing 2nd in the former, and was in the winning Achilles 4 x 1 Mile team in LAC's Victory Cup race.



Colonel WAC Wilkinson DSO, MC and Bar (University College, Oxford, 1910-14) on 19th September 1983.

Alex Wilkinson competed in the 120y hurdles at the Varsity Sports of 1913 and 1914, placing 2nd in the latter, and was Hon Sec of OUAC. He was also a cricket Blue and had a first-class cricket career lasting 27 years: regarded as one of the most consistent batsmen of his day he played much of his career with an injured hand after narrowly avoiding having it amputated after being shot in the Great War.



Dr HV Warren (The Queen's College, Oxford, 1926-29) in 1998

Harry Warren competed in the 100y at the Varsity Sports of 1929. A Rhodes scholar, he had won 1926 British Columbia championship in the 100, 220, and 440. In 1927. Coached by Bob Granger, the same man who guided Percy Williams, Harry was chosen as one of three sprinters to represent Canada at the 1928 Olympics in Amsterdam. While his friend Percy raced to dramatic and unexpected gold medals in the 100m and 200m, due to selection politics Harry was never given the opportunity to even compete. He served as a spare in the sprints and helped coach the Canadian women's track team to four Olympic medals, including two gold. Immediately after the Olympics, he gained some form of redemption by winning the 100m at the Tailteann Games in Dublin, breaking the Irish record for the event and tying the world record on grass. He also took third in the 200m at the same Games. He subsequently held high office in rugby, cricket and field hockey administration. He was a pioneer in the field of applied geochemistry in mining exploration.



In Memoriam

The Rev. PRL Morgan (Wadham College, Oxford, 1945-6 and 1948-52) on January 12th 2017.

Philip Morgan was an exceptional distance runner who more than held his own in the golden post-war era of Oxbridge athletics. Having in 1952 placed 3rd in AAA National Championship behind Chris Chataway he will have been close to gaining Olympic selection that year.

President of OUAC in 1952, Philip won the 3 miles at the Varsity Sports of 1949 (in a new match record, beating Chris Brasher, as featured on the cover of the forerunner of Athletics Weekly) and 1951 (another match record, again ahead of Brasher, and awarded the Drake Digby Trophy), and was 2nd in 1946; and placed 3rd in the one mile behind Roger Bannister in 1950.



Cross Country was not his forte, but he ran strongly in the Varsity Matches of 1945 (3rd), 1948 (10th), 1949 (3rd= photo—John Pollard, Morgan, Bannister) and 1950 (4th).

On the 1949 tour of the USA led by Roger Bannister, Philip (photo front row third from left) won the two miles against Princeton & Cornell ahead of Brasher: their positions were reversed 10 days later against Harvard & Yale. And when Harvard & Yale visited the UK in 1951 he won the 3 miles.



Philip himself sent us the following musings following the death of Derek Steel
You probably know that Derek was Secretary to Roger Bannister (who was a very innocent young man in those days). I remember playing rugby against Rutlish when Derek was there. We had never played them before (but it was wartime); and we beat them and went on to win every match: yours truly kicked all the goals, penalties and conversions, and, though only a Greyhound, I nearly got a Blue [for rugby] because someone was injured (but he recovered).

The same happened to me as a cricketer, I took 9 wickets in the Freshmans Trial, played against All India but did nothing (I was too young- the only one who was not an ex-war and extremely experienced ex-serviceman, like Martin Donnelly, NZ Test player)

Please excuse these reminiscences.

Philip

Philip Morgan used to be our family vicar (and family friend) later in life. Thank you for the tribute.

- Philip Weaver

I had some amusing correspondence with Philip over the years: a man with a dry sense of humour and a really outstanding athlete.

- Peter Crawshaw

BJM Lloyd (Hertford College, Oxford 1952-55) on 18th December 2016.

Brian Lloyd placed 5th in the Mile in Varsity Match of 1954. George Dole, following an epic battle with Keith Marsden) and Alan Gordon both finished ahead of him for Oxford, which is why it was they who were selected a couple of weeks later for what would turn out to be the Four Minute Mile race.

In Memoriam

JR Vigne (Wadham College, Oxford, 1946-48) on 19th June 2016

Randolph Vigne competed in the both hurdles events at the Varsity Relays of 1947. He became a prominent anti-apartheid activist and as such attracted the unwelcome attention of the South African Special Branch, who in 1964 firebombed his house: he and his wife fled the country for their lives and settled in London. That fire had damaged his treasured team photo (*right*), and on his death his widow, Gillian contacted us to try to obtain a replacement, eventually successfully supplied as below by Ronald Halstead: Randolph is in the centre of the middle row.



The Reverend DJ Curry (St Catharine's, Cambridge, 1942-3 & 1947-49) in December 2014.

David Curry possessed an interesting range of talent, having a. competed in the Varsity Cross Country Match of 1947 (I will be able to confirm his placing once I consult Simon's book) and b. placed second in the Pole Vault at the Varsity Sports of 1949. He was first string vaulter on the 1949 tour to the USA, where he placed third against both Princeton & Cornell and Harvard & Yale.

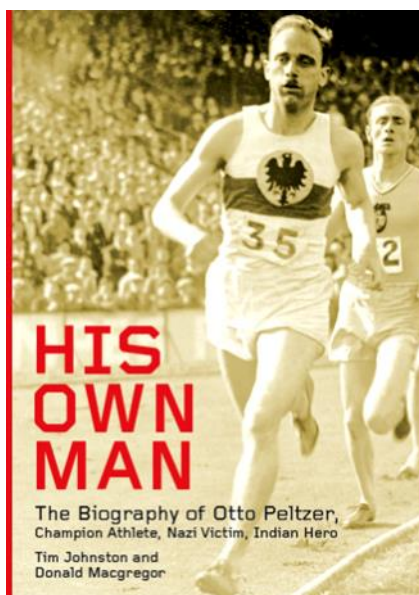
David appears in the above team photo, back row fourth from the right.

Kenneth S Hellrich (Peterhouse, Cambridge, 1931-34) on 14th December 2007

New Members

Lynne Fox, Lady Margaret Hall, Oxford
 Chris Hutchinson, Christ Church, Oxford
 Taslim Savji, St Cross College, Oxford
 Andrew Wheeler, Lady Margaret Hall, Oxford
 Rachel Skokowski, University College, Oxford
 Fi de Mauny, Jesus College, Cambridge
 Emma Roberts, The Queen's College, Oxford
 Yemi Anifowose-Eso, St Hugh's College, Oxford
 Rowan May, Brasenose College, Oxford
 Imogen Downing, St Catherine's College, Oxford
 Georgie Ellis, St Peter's College, Oxford
 James Porter, St Edmund Hal, Oxford
 Keltie McDonald, St Anne's College, Oxford
 Mel Grant, Exeter College, Oxford
 Chepkirui Ngetich, Oriel College, Oxford
 Abi Sakande, St John's College, Oxford
 Alex Terblanche, Keble College, Oxford
 Arran Davis, Wolfson College, Oxford
 Miles Weatherseed, Lady Margaret Hall, Oxford
 Will David, Exeter College, Oxford
 Imo Watson, Pembroke College, Oxford
 Marie Png, St Hugh's College, Oxford
 Connor Ellis, St Peter's College, Oxford
 Kate Davies, University College, Oxford
 Jed Marshall, Lady Margaret Hall, Oxford
 Helene Greenwood, University College, Oxford
 Justin Leung, Keble College, Oxford
 Cedric Chambru, Oxford
 Katie Hannawin, Worcester College, Oxford
 Natalie Beadle, St Edmund Hal, Oxford
 Nathan Mapperley, Lady Margaret Hall, Oxford
 Michael Costante, Somerville College, Oxford
 Claire Sear, Lady Margaret Hall, Oxford
 Abi Sakande, St John's College, Oxford
 Oliver Paulin, Merton College, Oxford
 Eleanor Smyth, Trinity College, Oxford
 David Korczynski, Linacre College, Oxford
 Isaac Kitchen-Smith, St Catherine's College, Oxford
 Emmaline Okafor, Newnham College, Cambridge
 Ronan Llyr, Jesus College, Oxford
 Ife Adepegba, King's College, Cambridge
 Charlie Oakley, Keble College, Oxford
 Ed Rees, New College, Oxford
 Emily Barbour, St Peter's College, Oxford

Caroline Johnson, St John's College, Cambridge
 Caroine Hilley, Queens' College, Cambridge
 Laura Cook, Christ's College, Cambridge
 Chloe Rixon, New Hall, Cambridge
 Tom Marino, Sidney Sussex College, Cambridge
 Liv Hylton-Pennant, Newnham College, Cambridge
 Rhiannon Philips, Fitzwilliam College, Cambridge
 Catriona Marriott, Newnham College, Cambridge
 Chris Kidd, Keble College, Oxford
 Kris Jensen, Magdalene College, Cambridge
 Andy Snaith, The Queen's College, Oxford
 Jack Paget St Peter's College, Oxford
 Harry Salt, New College, Oxford
 Rebecca Markham, Emmanuel College, Cambridge
 Freya Shearer, St John's College, Oxford
 Emily Hoogkamer, St Catherine's College, Oxford
 Carl Britto, St John's College, Oxford
 Niamh Bridson, Hubbard Magdalene College, Cambridge
 Callum Court, Downing College, Cambridge
 Nithesh Ranasinha, Jesus College, Oxford
 Chloe Billingham, St Catharine's College, Cambridge
 Maxine Meju, Fitzwilliam College, Cambridge
 Laura Andrews, St John's College, Cambridge
 Silvia Amabilino, The Queen's College, Oxford
 Maria Brett, St John's College, Oxford
 Emmy Shearer, Gonville & Caius College, Cambridge
 Aileen Kearney, St Hilda's College, Oxford
 Sydney Sopher, Jesus College, Oxford
 Archie McNeillis, St Edmund Hall, Oxford
 Harry Steel, St John's College, Oxford
 Priya Crosby, St Catharine's College, Cambridge
 Louis Rawlings, Christ Church, Oxford
 Elliott Baines, Peterhouse, Cambridge
 Luke Cotter, St Catherine's College, Oxford
 Nicole McKechnie, Lady Margaret Hall, Oxford
 Liam Eagle, University College, Oxford
 Bethanie Murray, Jesus College, Oxford
 Teele Palumaa, St Cross College, Oxford
 Ollie Fox, Robinson College, Cambridge
 Nithesh Ranasinha, Jesus College, Oxford
 Bijan Mazaheri, Emmanuel College, Cambridge
 Sam Day, Churchill College, Cambridge



'His Own Man', by Achilles Olympian **Tim Johnston** and Don Macgregor is an excellent read. It traces the roller-coaster life and career of German 1920s middle-distance star Otto Peltzer, against the jagged backdrop of twentieth century German history. It includes:

- Ascent to fame and stardom under liberal Weimar regime: dramatic victories over Olympic champions Douglas Lowe, Paavo Nurmi, Eric Liddell. Five world records.
- Prosecuted by Nazis for homosexuality. Survives four years' brutal incarceration in Mauthausen KZ.
- Liberated in 1945. Loss of family and home to Red Army. Hounded by West German authorities as homosexual and suspected Communist.
- Emigrates to India, becomes national athletics coach. Leads Indian team to upset victory over West Germans. Coaches street children to Olympic level.
- Personal odyssey of an exceptional individual. Plus coverage of contemporary political, social and sexual issues including more bizarre aspects of Nazism.

The 2016 American Achilles Foundation Dinner, in New York



Bridget Wheeler, Cambridge; Graham Taylor, Harvard; Nicky Maxwell, Harvard; Tom Blodgett, Harvard & Cambridge; Tom Herman, Penn and Oxford; Hank Betts, Cornell; Jim Wade, Yale; Joe Arthur, Cornell; Lou Duesing, Cornell; Emma Hooper, Cambridge; Michael Nugent, Cambridge; Rob Anastasio, Cornell. Inset: Charlie (Cornell) and Judith Moore

The AAF is led by Tom Blodgett (alumnus of both Harvard and Cambridge).

The AAF's fundraising has been central to the continuation of the Transatlantic Series, and the 2017 Oxford & Cambridge team will be the latest to benefit from the generosity of its benefactors.

Dear Tom,

I was at Trinity Hall, Cambridge in 1949 and won the Long Jump Event at the Oxford- Cambridge Match held at the White City Stadium on the 12th March 1949 and as a consequence of this I was included in the Joint Oxford-Cambridge which came to the USA in June 1949. This team was captained by **Roger Bannister** and competed against teams from Princeton / Cornell on the 11th June 1949 and Harvard/ Yale on the 21st June 1949.

I met Charlie Moore on that occasion. He represented Cornell and I saw him win the 440 yards event in a time of 48.3 secs. Ask him to confirm that this time is correct. !! He was a superb athlete and went on to win the Gold medal in the Hurdles Event at the 1952 Olympics in Helsinki. He was also a member of the US 4x 400 Relay team which was narrowly beaten by the Jamaican team of Arthur Wint, Herbert McKenley, Leslie Laing and George Rhoden in this event at the 1952 Olympics. Wint and McKenley were my good friends and I always kept in touch with them until sadly they both passed away a few years ago. Although we were at different schools in Jamaica we met at the Inter

School's Championship Sports in the early 1940's and always maintained contact. I met Charlie Moore once again at a reunion of the 1949 teams held in Oxford many years ago. He is unlikely to remember me but please pass on to him my warmest personal regards. I will always regard it as a privilege to have known him.

I regret that I shall not be able to travel to the Dinner on the 14th October. I am now almost 89 and I find travelling very stressful and exhausting. I am sure that this event will be a great success and a most enjoyable one and I will be there in spirit!! I am also sure that those who have not done so, will find it a privilege to meet and speak with Charlie Moore. I expect that he will be the most Senior Member of the Achilles Foundation present thereat.

The excellent and wonderful job that you have done over the years to keep the American Achilles Foundation active and effective is I am sure greatly appreciated and valued by all the members of this great Foundation.

With warmest personal regards.

Ramon Alberga

By Tim Taylor (below and extreme right)

2016 was the 50th anniversary of the 1966 Athletics Varsity Match held at London's White City Stadium and won by a strong Oxford team led by OUAC President, Jeffery Archer. 2016 was therefore an excuse to bring together members of that OUAC vintage, especially as the 2016 Varsity Match was held in Oxford, thus allowing us to recreate our time together at Oxford in general and Iffley Road in particular.

We also included in this 50th anniversary the OUAC vintages of 1965 led by President Hugh Pullan and 1967 led by me. Therefore this was reunion held at Oxford for OUAC members and the highly successful Oxford teams of the three years, 1965, 6 and 7.

Judging by the several responses received afterwards, the whole occasion was hugely appreciated. A 50 year reunion seems highly appropriate, since for many of us it provides a window between

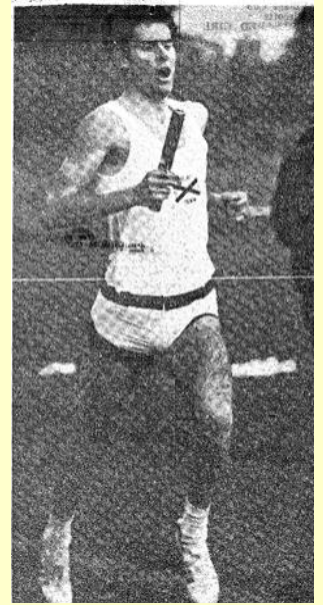
retirement and whatever follows. It also seems sensible to include the OUAC members of a year or two either side, thus making a three to five year span. Perhaps there should be ten-year anniversary reunions of all Varsity Match teams and

OUAC and CUAC ex-members, to maintain contact not only with the Achilles Club (and OUAC and CUAC) but with each other. We shared so much together that we value (we the scholar-athletes!).

It was very pleasing to resume contact with so many who meant so much to each other 50 years ago. Had I started to organise the reunion

rather earlier than the New Year 2016, several more of us might have attended.

It was appropriate that the Dinner Chairman and Guest of Honour was our Hugh Pullan, President OUAC 1964/65 (great speech Hugh). Also present were Mike Hogan, President OUAC 1963/64 and Mike Sharpe, Secretary OUAC



1966/67. Jeffery Archer, President OUAC 1965/66 and Tim Jones, Secretary OUAC 1965/66 were unable to attend but were with us in spirit.



Hugh Pullan (President OUAC 1965—also no. 1 above right) and Michael Sharpe (Hon Sec 1967)



Hugh Starkey and John Dryden

OXFORD v. CAMBRIDGE (92nd Match)

White City Stadium, West London, May 7th 1966.

100 Yards. (Wind assisted).

- 1. P. A. Egom (C.) 9.6 s.*
- 2. J. H. Archer (O.) 9.7 s.
- 3. A. M. Ronay (O.) 9.8 s.
- 4. J. D. Scarr (C.) 10.0 s.

220 Yards

- 1. W. A. Mottley (C.) 21.2 s.
- 2. P. A. Egom (C.) 21.4 s.
- 3. J. M. Barry (O.) 21.8 s.
- 4. M. Hauck (O.) disqualified

440 Yards.

- 1. W. A. Mottley (C.) 46.0 s.*
- 2. E. A. Bobb (C.) 47.5 s.
- 3. J. M. Barry (O.) 48.4 s.
- 4. M. Hauck (O.) 49.0 s.

880 Yards.

- 1. H. H. A. Pullan (O.) 1 m. 52.6 s.
- 2. T. M. Taylor (O.) 1 m. 53.1 s.
- 3. E. A. Bobb (C.) 1 m. 54.4 s.
- 4. J. H. Pickles (C.) 1 m. 54.4 s.

One Mile.

- 1. G. McBride (O.) 4 m. 11.0 s.
- 2. R. B. Cross (O.) 4 m. 11.2 s.
- 3. D. J. Ross (C.) 4 m. 12.3 s.
- 4. J. Rowley (C.) 4 m. 13.0 s.

Three Miles.

- 1. H. Altmann (O.) 13 m. 39.8 s.
- 2. J. R. Waterhouse (O.) 13 m. 47.0 s.
- 3. M. B. Edwards (C.) 13 m. 52.0 s.
- 4. J. R. Baggaley (C.) 14 m. 50.6 s.

120 Yards High Hurdles.

- 1. W. G. Day (O.) 14.7 s.
- 2. T. C. Williams (C.) 15.0 s.
- 3. M. C. Mertens (O.) 15.2 s.
- 4. E. A. M. Gale (C.) 15.2 s.

220 Yards Low Hurdles.

- 1. R. G. Prichard (C.) 24.4 s.
- 2. J. H. Archer (O.) 24.4 s.
- 3. W. G. Day (O.) 24.5 s.
- 4. H. P. Williams (C.) 26.4 s.

440 Yards Intermediate Hurdles.

- 1. R. E. Allen (O.) 54.9 s.
- 2. C. A. McIntyre (C.) 56.7 s.
- 3. K. A. S. Osser (O.) 57.3 s.
- 4. G. A. Eltringham (C.) 58.2 s.

3,000 Metres Steeplechase.

- 1. J. O. C. Haes (O.) 9 m. 12.6 s.
- 2. D. A. Evans (C.) 9 m. 18.6 s.
- 3. J. Bryant (O.) 9 m. 25.0 s.
- 4. A. F. Ashton (C.) 9 m. 29.0 s.

High Jump.

- 1. R. Schoeffel (O.) 6 ft. 4 1/2 in.*
- 2. J. W. F. Arriens (O.) 6 ft. 0 in.
- 3. J. Antill (O.) 5 ft. 10 in.
- 4. F. J. Gayford (C.) 5 ft. 10 in.

Pole Vault.

- 1. N. I. Newton (C.) 12 ft. 0 in.
- 2. R. L. Moorby (C.) 11 ft. 6 in.
- 3. R. Czerniawski (O.) 11 ft. 6 in.
- 4. G. Roberts (O.) 10 ft. 6 in.

Long Jump.

- 1. M. P. Sharpe (O.) 22 ft. 7 in.
- 2. D. J. Morgan (C.) 22 ft. 2 1/2 in.
- 3. J. Smith (C.) 22 ft. 1 1/2 in.
- 3. J. Antill (O.) 5 ft. 10 in.

Triple Jump.

- 1. N. Green (O.) 47 ft. 0 1/2 in.
- 2. J. N. Macgillivray (C.) 45 ft. 11 in.
- 3. D. Adu (C.) 45 ft. 10 in.
- 4. R. Schoeffel (O.) 45 ft. 3 1/2 in.

Shot Put.

- 1. S. B. Cohen (C.) 53 ft. 6 1/2 in.*
- 2. D. A. Roscoe (O.) 48 ft. 5 1/2 in.
- 3. S. Young (O.) 46 ft. 7 1/2 in.
- 4. C. A. Webb (C.) 43 ft. 6 1/2 in.

Discus.

- 1. D. A. Pascoe (O.) 148 ft. 2 in.
- 2. P. E. Bebbington (C.) 135 ft. 6 in.
- 3. R. L. Duncan (O.) 132 ft. 10 in.
- 4. R. H. Gorges (C.) 127 ft. 2 in.

Javelin.

- 1. A. L. Heath (O.) 216 ft. 3 in.
- 2. F. F. Brown (O.) 212 ft. 3 in.
- 3. J. D. Murphy (C.) 167 ft. 1 in.
- 4. J. P. Simmonds (C.) 162 ft. 9 in.

1st Oxford 87 points
2nd Cambridge 66 points

* Inter-Varsity match record



The quest for my first sub-4 minute Mile began on the streets of Rome and finished on Oxford's famed Iffley Road track, where **Roger Bannister** recorded history's first sub-4 on May 6, 1954.

A soccer player and sprinter / 880-yard runner at White Plains High School, NY, I ran about five miles a week, never more than a Mile at one time. My best high school Mile was a modest 4:48.

At Princeton, my transition to distance running was slow. Freshman year was rocky, but I ran a 4:03 Mile on a relay as a sophomore and a 3:42.3 for 1500 meters as a junior. When I ran 4:01.8 indoors as a senior, sub-4 seemed inevitable outdoors. But, forced to choose between finishing my senior thesis (and, therefore, graduating) and trying to break four, I chose the former.

The lucky recipient of a scholarship to study for two years at Oxford, I arrived in England in the fall of 1977 determined to explore new things, such as art history and travel, which meant leaving running behind. But, after reading Bannister's, *The First Four Minutes*, the best sports autobiography ever written, I decided that I wanted to win my "Blue" (the Oxford equivalent of a varsity letter). I ran just enough to make the Oxford Cross Country team, later discovering that the "Blues Match" against Cambridge was on a 7.5 mile, hilly course, a virtual marathon for me. We won the dual with Cambridge, I won my Blue, and I pretty much decided to retire from running.

Three weeks later, while visiting Rome for Christmas with my girlfriend, I decided to do a 15-minute Christmas Eve run to see the sights. Enjoying the run, I extended it to 20 minutes, then 30. Before I knew it, I was lost, running somewhat aimlessly around the darkened hills of the Rome countryside. During the more than two hours it took to find my way back to our pensione near the Vatican, I conducted a debate with myself about the merits of continuing with track & field, sometimes voicing my conflicting thoughts out loud in an attempt to find clarity, much to the amusement of the locals. At some point, the "give track one more try" argument triumphed. But for the worried and angry looks from my girlfriend upon my return, it was a memorable and significant night.

Having made the definitive decision to continue

running track, my workouts all became more meaningful. Whereas the Princeton team motto had been, "If you're running too fast to talk, you're running too fast," I adopted the European approach of doing my distance runs at close to 5 minute per Mile pace. I also did some lonely but effective interval training on the Iffley Road now all-weather track. In my first track race that spring, I ran a 1500 meters against marathoner **Steve Jones**. I don't recall the time, but I felt as if I had wings on my feet. The workouts and races that followed felt equally good, and I managed to win both the 800 and 1500 at the Oxford-Cambridge dual meet and recorded a PR 3:41 1500 in a small meet in France.

I was selected to run the 1500 for a combined Oxford-Cambridge team in a match against Penn and Cornell at Iffley Road. A week prior to the race, I read in the local paper that Sir Roger Bannister would attend the match to celebrate the retirement of the groundskeeper who had maintained the track when Bannister was an Oxford student in the late 1940s and early 1950s. I called the match organizer and suggested that since Sir Roger would be in attendance he should change the race distance to the Mile. He agreed.

The night before the race I went to dinner with some friends from the Penn team, including

Craig went on to run 3:52.02 in 1979, at the time the sixth fastest mile ever recorded.

Tom Murray, an outstanding Miler who had been my nemesis when I ran for Princeton. When he asked about my form, I told him that I was in the best shape of my life. He said that he hadn't run for several weeks and offered to set the pace for me in the race, aiming to keep us on a sub-4 schedule. I happily accepted and bought him another beer.

The weather on race day – Saturday, June 17, 1978 – was fine in a mid-June in England kind-of-way, and my warm-up was relaxed. I was ready. As I laced up my first pair of Nike spikes (given to me by **Geoff Hollister**), I noticed Bannister sitting in the stands with my academic advisor at Oxford, **Sir Norman Chester**. Once the race started, Tom went straight to the front as promised and delivered laps bizarrely similar to

those that **Chris Chataway** and **Chris Brasher** had run when setting the pace for Bannister – 57.5-2:01-3:03 – letting me go by after three laps.

The last lap was strange. Though there was a boisterous crowd in the small grandstand on the homestretch, there was no one on the far side of the track. As I ran down the backstretch it was eerily quiet and I was totally lost in thoughts of what breaking four would mean to me and my recollections of Bannister's description of how he felt running down the same backstretch – thoughts about a lifetime of working toward a single goal and an overall feeling of calm and contentment. I literally chuckled to myself at the similarities between my thoughts and Bannister's, some 24 years after his historic, still resonating run.

I don't remember much about the last turn and the homestretch. The crowd was enthusiastic, I felt full of run, and I knew after finishing that I had to be close to 4 minutes. There was a lengthy pause as the three timekeepers compared their watches in order to come up with the official time, and then there was the announcement, "It has happened again!" I had become the first to break four at Iffley Road



since Bannister, running a respectful 3:59.6 ([#90 U.S. male sub-4](#)), which meant that his track record of 3:59.4 would stand.

I was encouraged to join Bannister for a brief handshake on the infield, at which point he informed me that Sir Norman claimed to have been coaching me. The race was featured on the front page of the next day's *Oxford Mail*. A few days later, I received a hand-written note of congratulations from Sir Roger, and an invitation to a graduation party for his elder daughter at his London home the following weekend. I accepted, noting that I would need to travel directly from the English Championships (AAA's) at Crystal Palace to the party.

I ran a dumb race at the AAA's, giving up my position towards the front of the pack around the last turn before charging from seventh to third in the last 100 meters, losing a close race to **Dave Moorcroft**. I changed into a suit and rushed to the Bannister home, where I was greeted by his 15-year-old daughter, "Oh, you're the American chap. We just watched your race on the telly. My father said you ran a really stupid race!" To this day, I consider it a badge of honor that history's greatest Miler summed up my running career so succinctly.

The 1991 Achilles Tour to Hong Kong and Guangzhou



The tour was made possible by generous sponsorship from HSBC, arranged by Tommy Macpherson. It was further enhanced when Roberts Stinson, through his IAAF contacts, arranged a second fixture, in Guangzhou. A strong team, managed by Paul Willcox and Peter Crawshaw, and captained by Julian Goater, performed with credit. Claire Lavers set back to back Hong Kong All Comers Records over 1500m and 3000m (the latter by over 9 seconds) and a men's 4 x 400 team of Martyn Bowen, Richard White, Bob Ryan (his 6th race of the day) and Chris Cholerton also set a new Record. For our present Chairman and OUAC coach Bridget Wheeler it was a chance for a last competitive hurrah in the sprints!

I was living and working in Japan at the time, so I flew to Hong Kong where I met the rest of the team (including Maddy, whom I married in 1993: we now have an 11 year old son whose middle name is Achilles). I hadn't done any athletics training in Japan, but I had done karate which kept me reasonably fit. The match in Hong Kong was pretty much like any athletics match anywhere, but the dinner was in the somewhat unlikely surroundings of the Royal Hong Kong Police HQ.

The Canton match was more unusual: we took some local transport through winding medieval Chinese streets full of hawking peasants, to arrive at a deserted ultra-modern stadium.

My opponent in the hurdles was quite a bit taller than I was, contrary to the stereotype. I don't remember how I placed in either race, but I certainly didn't win the one in China. The Chinese hotel was a Communist-era one with an old woman sitting at a desk on each floor for ease of spying on the guests.

After the match Maddy & I took an overnight boat up the river, then an 8 hour bus ride, to arrive at Yangzhou and we spent the next 2 weeks touring there, then Shanghai, then Beijing. It was a lot tougher travelling independently than it had been in the group! - Douglas Campbell



The tour was huge fun, and a wonderful experience, The main recollections I have are of a spectacular setting for the track in Hong Kong, and a huge Olympic style stadium in China (with barely a handful of spectators.) I also remember a number of us visiting a market in China with all sorts of live animals, birds and fish for sale, which was a real eye opener for me.

- Lynne Whitaker

This was the 10k in the match against Hong Kong (*Herries, Soutar, Thiemicke*). I wasn't officially a part of the tour, but was living in HK at the time and, for reasons known only to themselves, the HKAAA didn't want me to run for HK, so Julian Goater volunteered me for the Achilles team. I didn't make it to China as work got in the way! - Tim Soutar





1991: Achilles performances on tour in Hong Kong and China included:-

100m	Emma Howard	12.82
	Bridget Wheeler	13.09
	Jill Priestley	13.66
	Bob Ryan	11.11
	Matt Keats	11.33
200m	Emma Howard	26.22
	Bridget Wheeler	26.91
	Bob Ryan	22,.18
	Matt Keats	22.57
400m	Sue Burgis	58.91
	Maddy Higgins	59.74
	Bob Ryan	48.71 pb
	Martyn Bowen	50.46
	Dominic Emery	52.18
800m	Richard White	1:50.64
	Martyn Bowen	1:51.10 pb
	Stuart Nash	1:55.48
	Nilla Karlsson	2:16.47 pb
	Lynn Davis	2:39.0
1500m	Stuart Nash	3:55.34
	David Benton	3:59.41
	Chris Daniels	4:01.51 pb
	Giles Clifford	4:02.3
	Claire Lavers	4:25.88 record

	Nilla Karlsson	4:40.1 pb
	Lynne Allen	5:01.6
3000m	Claire Lavers	9:18.34 record
	Allison O'Neill	11:17.3
5000m	Tom Richardson	14:54.01
	David Benton	14:59.15 pb
	Julian Goater	15:00.2
	Chris Daniels	15:06.7
10000m	John Herries	32:24.4
	Tim Soutar	32.25.8
	Adrian Thiemicke	33:47.2
100mH	Emma Westlake	14.77
	Jill Priestley	16.22
110mH	Steve Martin	15.41
	Douglas Campbell	15.92
400mH	Sue Burgis	69.99
	Chris Cholerton	53.51
	Dave Hitchcock	55.05
3000mS/C	Tom Richardson	9:17.2
	Jon Rushman	9:35.3
HJ	Mike Powell	1.95
	Matt Mowbray	1.85
	Emma Westlake	1.55
	Sue Burgis	1.55
	Halcyon Wills	1.50
JT	Anthony Hatton	61.10
	Dave Gardiner	47.20

	Halcyon Wills	36.18
	Trish Jennings	21.28
LJ	Dwayne Heard	7.23
	Marcus Browning	6.59
	Emma Westlake	5.26
	Chris Tuerk	5.00
TJ	Maggie Anderson	8.87
SP	Louisa Bayles	10.58
	Maggie Anderson	10.26
	Emma Westlake	9.88
	Dave Gardiner	11.82
	Nigel Spivey	10.72
DT	Dave Gardiner	33.90
	Mark Steed	33.82
PV	Dave Gardiner	3.20
HT	Nigel Spivey	47.68
	Dave Gardiner	24.28
	4 x 100 Westlake, Wheeler, Tuerk, Howard	50.20
	Achilles men A	42.8
	Achilles men B	44.1
4 x 400	Achilles women	4:11.3
	Ryan, White, Bowen, Cholerton	3:16.2 record
	Injured: Hazel Barker, Chris McGrady	



Dwayne Heard remembers:

- Business class flights!
- Landing at the old Kowloon airport, rather scary, high rises ABOVE us on each side.
- Animal market in Guangzhou, rather stomach turning! Animals of all sorts caged ready for human consumption.
- Beating Hong Kong, but I think losing easily to Guangdong province.
- Guangzhou Railway station: there were photos last year of the 100,000 people stuck there (owing to snow) - the crowds seemed similar when we were there .



According to the record CUAC swept home in the Men's Blues Match by 113 to 94 points. The Women's match appears to have been an extended multi-event exercise between **Gill Smith** and **Sarah Bull** for CUAC and **Gill Suttle** and **Rona Slator** for OUAC, obviously desperate measures to avoid freezing in SE London in early May: **Marjorie Willey** won both shot and discus.

CUAC won because they took every individual track event apart from the 5000m and Steeplechase – distance running not being very fashionable in Cambridge at the time. The Field was more even with OUAC taking 5 of the 8 throws/jumps.

CUAC's star man on the day was **Gordon Wood** who triumphed in both sprints and the 400m Hurdles. 'Nellie' (ask him, it's just too embarrassing) had also caned the opposition in 1975 and, therefore, deserved the award of the Drake Digby Trophy by his own admission. The big event of the day was the 400m where CUAC's international, **Brian Jones** battled to a narrow win over

The Varsity Match in 1976 was a key moment in my athletics life. I had gone up to Magdalen in 1975, and quickly recognised that I could win the Javelin in the Varsity Match with some work. I became involved in the training and early season competitions, encouraged and coaxed by the likes of Captain Mack! After a setback in the Hilary Term when I decided to change from PPE to PPP (which the College graciously permitted me to do), the build up to the Match was an element of continuity. I don't remember the detail of the match, except the scores being close when the Javelin began in the late afternoon. The Javelin competition itself was fairly unremarkable, but I do recall the 1st and 2nd we got being of some use in the final score! I was also delighted, of course, to have won-. I am sure that it was during that afternoon, with the sights, the sounds and the feelings of the event, that I decided to give more time than ever to the sport over the coming two years. It was through this, and the ups and downs of training, competition and teambuilding that I became Secretary and then President of OUAC in the next two seasons [and now Director of the Transatlantic Series –ed]. It was also through this that I learnt valuable lessons for transfer to my next two careers [RAF and Police Force] Precise memories fade, the feelings remain.

-John Crosse

Axel Salander, who would go on to represent West Germany in 400m Hurdles and who took the Long Jump as his warm-up for the big one.

The middle distance events were won by former England Schools three time winner **Martin Wilson** and former OUAC 1500m star **Charlie Monk** (well, 1400m jog and an impressive last 100m generally). I won both the short hurdles but no detail stirs my memory. The OUAC track victors – **Warwick Ewers** (5000m) and President **Andy Etchells** (3000m S/C) – both defied the weather to produce strong times in bad conditions (it was probably quite a nice day if you were a cross-country runner).

The field events were enlivened by OUAC's **Pete Edwards** besting CUAC's ultra-cool Harvard import **Blayne Heckel** in the Pole Vault with a pb of 4.20m, Blayne clearly not being too keen on the equivalent of vaulting through the Niagara Falls. Other hardy souls to produce wins of note were **Adrian Brown** (HJ) and **John Slaney** (TJ).

This was the last Varsity Match to be held in London with Iffley Road's all weather surface opening in 1977 and so probably marked the point where Oxbridge athletics took a more realistic view of its place in the sport's calendar. This point was reinforced by the introduction the following year of synthetic stormproof shorts with rounded edges to replace the square cut pure cotton ones so favoured by Lord Burghley et al. between the wars.

- Tony Shiret

Cambridge win Blues athletics

OXFORD UNIVERSITY were beaten 114 points to 97 by Cambridge in the annual inter-Varsity athletics match at Crystal Palace yesterday.

Oxford's second team, the Centipedes did their best to exact vengeance by beating Cambridge Alverstone 115-94, but it was a disappointing day for the Dark Blues, who also lost the women's match, 67-114.

Gordon Wood, a rugby Blue, did the damage for Cambridge with victories in the 100 metres, 200 metres and 400 metres hurdles, as well as running anchor man in their successful 4 x 400 metres relay team.

Oxford, who won six individual events in the Blues match and ten in the second strings, were well served by Warwick Ewers, whose 5,000 metres victory in 14min 8sec was one of the highlights of the games.

Colin Lizieri ran a personal best 1min 53.6sec in the 800 metres, but had to be content with second place.

Gill Suttle was Oxford's most successful woman athlete, winning both her events.

Winners

100m: G Wood (C) 11.2 sec. 200m: Wood (C) 22.4 sec. 400m: B Jones (C) 1:07.3 sec. 800m: M Wilson (U) 1:51.1 sec. 1500m: C Monk (C) 5:42.5. 3000m: W Ewers (O) 14 min 8 sec. 5000m: W Ewers (O) 15.6 sec. 100m hurdles: A Shiret (C) 15.6 sec. 200m hurdles: Shiret (C) 23.5 sec. 400m hurdles: Wood (C) 54.7 sec. High jump: A Brown (C) 1.97m. Long jump: A Salander (U) 6.98m. Triple jump: J Slaney (C) 14.30m. Pole vault: F Edwards (O) 4.20m. Shot: D Nayler (O) 19.52m. Discus: R Bristley (O) 40.72m. Javelin: J Crosse (C) 57.30m. Hammer: P Andrews (C) 48.51m.

Women's match

100m: G Smith (C) 13.2 sec. 200m: G Suttle (O) 27.0 sec. 400m: S Newton (C) 55.0 sec. 800m: J Hildpenny (C) 2:09. 1500m: C Meunier (O) 5:44. 3000m: 26.1 sec. 5000m hurdles: G Suttle (O) 16.0 sec. High jump: S Bull (O) 1.55m. Long jump: H MacKenzie (C), distance not known. Shot: M Willey (O) 10.79m. Discus: M Willey (O) 31.92m. Javelin: S Mason (C) 33.80m.

MATCH RESULTS

Blues match: Oxford 97, Cambridge 114.
Centipedes v Alverstone: Oxford 115, Cambridge 94.
Women: Oxford 67, Cambridge 67.

Centipedes v Alverstone

100m: S Baker (C) 11.8sec. 200m: M Levitt (C) 23.3sec. 400m: J Powers (O) 57.1sec. 800m: K Hodgson (U) 1:51.1 sec. 1500m: J Austin (C) 4:42.9. 3000m: R Burton (O) 14min 14.8sec. 5000m steeplechase: I Howard (O) 9min 46.6sec. 100m hurdles: R Bryan (C) 17sec. 200m hurdles: M Bullant (O) 26.2sec. 400m hurdles: M Hensmirk (C) 29.9sec. High jump: R Kitcherley (O) 1.70m. Long jump: J Gray (C) 5.44m. Triple jump: A Popham (O) 11.13m. Pole vault: J Dow (C) 2.83m. Shot: P Warfield (C) 10.27m. Discus: S Inglis (O) 39.28m. Javelin: K Lindsay (O) 46.30m. Hammer: R Llewellyn Eaton (O) 25.19m.



Well that all seems a very long time ago, but the results prompted a few memories! Being only the second ever match between Oxford and Cambridge women, I recall the main effort having been to widen the awareness of women's athletics and hence increase the number of people involved. Whilst standards may have been questioned in some events, the enthusiasm and commitment were high – with team members prepared to put in real effort even in events which were not their strength.

For Oxford, it was the first year we had official kit, rather than just university T-shirts. And we had gone through the formal process to ensure athletes were awarded half-blues for competing.

Very best wishes to all

Jo (aka Marjorie)

The 2016 Varsity Cross-Country Races

In 2015, Cambridge won the ladies' race by a wide margin and Oxford similarly the gentlemen's. However, all the signs in the lead up to 2016 were that the gaps between the sides had closed, and so it proved to be.

In the 41st ladies' race, Oxford had five of their young but promising team returning, including their top two from 12 months before in Sophia Saller (St. Catherine's) and Bethanie Murray (Jesus). Conversely, Cambridge only had two returning, although they were Elizabeth Apsley (Pembroke), who had finished fourth, and race winner Emily Ruane (Magdalene). In addition, they were boosted by the arrival of a number of very promising freshers, including junior international Niamh Bridson Hubbard (Magdalene).

After a fairly even first mile from the new start point on the east side of Beverley Brook and through the watersplash, it was Oxford's top two of Saller (*photo*) and Murray who started to exert control at the front of the race. Critically for Dark Blue hopes, Dani Chattenton (Wadham) was having an excellent race and was only just behind them as the runners emerged onto the Memorial Playing Fields. Bridson Hubbard was the first Light Blue runner in fourth. With newcomer Helen Record (Trinity) in sixth, it was clear that Oxford had risen to the occasion and were on their way to a first victory since 2011. Saller took the individual honours for the second time in 23:40. With captain Helene Greenwood (University) closing the team in ninth, they won by 21 points to 34 to increase their lead in the series to 24 wins to 17.

In the 126th gentlemen's race, Cambridge was able to field a significantly stronger team than their defeated 2015 eight. It included Oliver Fox (Robinson), who had missed out 12 months earlier due to European selection and American Bijan Mazaheri (Emmanuel) who brought with him a significant running pedigree. On top of this, they were also boosted by the return of William Ryle-Hodges (Magdalene)

who was back in the land of the Light Blues after a two year sojourn at Oxford. The Dark Blues were also able to field a very respectable team, including Varsity veterans Jamie Parkinson (Jesus) and Alex Howard (Christ Church), as well as a number of promising newcomers. However, their chances had taken a bit of a knock by the late loss of Will Christofi (University) to European selection. The absence of 2015 winner Miles Unterreiner (St. John's) was also not ideal for their hopes.

As with the ladies' race, the opening stages of the contest were very tight and even at the Windmill at just over 4 miles, the result was still very much in doubt, although the Light Blues held a narrow advantage. However, in the last three miles, Fox pulled away at the front as a number of Oxford faces faded. With Mazaheri, Ryle-Hodges and Phillip Crout (St. Catharine's) settling in in third, fourth and fifth and with only Luke Cotter (St. Catherine's) splitting this Light Blue pack, by the time the leaders reached the Memorial Playing Fields the result was beyond doubt. Finishing very strongly, Fox took the individual honours in a time of 37:33, the second fastest time ever for this course, bettered only by Fraser Thompson's 2003 effort run in the December following the European heatwave with the course in an un-Commonly dry condition.

The Light Blues secured the team victory by 33 points to 45 to bring the series back level again, at 63 wins apiece. Finishing fourth, Will Ryle-Hodges made a piece of history by being on the winning side for the sixth time (in six races), thus surpassing Nick Brawn's (Oriental) five wins between 1976 and 1980.

Earlier in the day, the 25th Old Blues' Race was won by Cambridge for only the second time in 11 years, by 114 points to 192 (scoring 14-a-side). Tom Frith (St. Anne's) took the individual win in a speedy 20:24. Underlining the history of the Varsity Races, this year's Old Blues' Race boasted two sets of father-son combinations in Andrew and Ben Hope and Andy and Matt Leach.

126th Gentlemen's Race

1 Oliver Fox	Robinson	Cambridge	37:33:00
2 Luke Cotter	St. Catherine's	Oxford	38:07:00
3 Bijan Mazaheri	Emmanuel	Cambridge	38:16:00
4 William Ryle-Hodges	Magdalene	Cambridge	38:22:00
5 Phillip Crout	St. Catharine's	Cambridge	38:24:00
6 Luuk Metselaar	St. John's	Oxford	38:29:00
7 James Parkinson	Jesus	Oxford	38:48:00
8 Alexander Howard	Christ Church	Oxford	38:57:00
9 George Gathercole	Gonville & Caius	Cambridge	38:59:00
10 Eoghan Totten	Hertford	Oxford	39:05:00
11 David Wilson	Jesus	Cambridge	39:14:00
12 Daniel Mulryan	Trinity	Oxford	39:26:00
13 John Spill	Jesus	Oxford	39:47:00
14 Patrick Roddy*	Robinson	Cambridge	40:11:00
15 Miles Weatherseed	Lady Margaret Hall	Oxford	40:44:00
16 MacGregor Cox	Robinson	Cambridge	40:52:00

41st Ladies' University Race

1 Sophia Saller	St. Catherine's	Oxford	23:40
2 Bethanie Murray	Jesus	Oxford	23:43
3 Dani Chattenton	Wadham	Oxford	23:52
4 Elizabeth Apsley	Pembroke	Cambridge	24:05:00
5 Niamh Bridson Hubbard	Magdalene	Cambridge	24:10:00
6 Helen Record	Trinity	Oxford	24:14:00
7 Kate Curran*	Corpus Christi	Cambridge	25:03:00
8 Rebecca Frake	Corpus Christi	Cambridge	25:09:00
9 Helene Greenwood*	University	Oxford	25:16:00
10 Emily Ruane	Magdalene	Cambridge	25:23:00
11 Hannah Plaschkes	New College	Oxford	25:34:00
12 Ruby Woolfe	Girton	Cambridge	25:53:00
13 Hannah Morton	St. Catharine's	Cambridge	26:05:00
14 Sarah McCuaig	St. Hilda's	Oxford	27:55:00

25th Old Blues' Race -

1 Tom Frith	Oxford	20:24
2 Lewis Lloyd	Cambridge	20:29
3 'Alf Tupper'	Cambridge	20:32
4 Kelvin Gomez	Cambridge	20:40
5 James Hoad	Cambridge	20:41
6 Josh Carr	Cambridge	20:43
7 Matt Leach	Cambridge	21:09
8 Ben Hope	Cambridge	22:23
9 Dom Kiralyfi	Oxford	22:38
10 James Chettle	Cambridge	22:43
11 Andrew Leach	Oxford	22:55
12 Matthew Jones	Oxford	23:13
13 Simon Molden	Oxford	23:17
14 Jack Evans	Oxford	23:21
15 Richard Ollington	Cambridge	23:33
16 David Kirk	Oxford	23:41
17 Oliver Garner	Cambridge	24:39:00
18 George Ramsay	Cambridge	24:46:00
19 Will Bowers	Cambridge	24:56:00
20 Ian Johnston	Oxford	25:15:00
21 Andy Arbour	Oxford	25:29:00
22 Polly Keen	Cambridge	25:35:00
23 Emma Elston	Cambridge	27:22:00
24 Chris Todd	Oxford	27:40:00
25 Andy Robinson	Oxford	27:48:00
26 Naomi Webber	Oxford	28:54:00
27 Richard Griffiths	Cambridge	28:57:00
28 Martin Green	Cambridge	29:44:00
29 Andrew Hope	Cambridge	31:19:00
30 Neil Mathur	Cambridge	37:30:00

- Simon Molden



Iffley Road, Oxford (and Horspath)

MEN

100m	Harrison Steel (O) 11.4, Mojowo Odiase (C) 11.4, Donte Nembhard (C) 11.6, James Porter (O) 11.6
100m (guests)	Stephen Walsh (O) 11.7, Gabor Bakos (O) 12.1, Bryce Lim (C) 12.5, Derek Soled (O) 12.8
200m	Harrison Steel (O) 23.3, James Porter (O) 23.8, Mojowo Odiase (C) 24.0, Donte Nembhard (C) 25.0
200m (guests)	Daniel Gregory (O) 23.8, Stephen Walsh (O) 24.0
400m	Samuel Day (C) 50.8, Cameron Bain (O) 51.2, Joshua Ingham (O) 52.0, Ciaran Flaherty (C) 52.3
800m	Nathan Inkester (O) 2:00.9, Billy Black (O) 2:03.2, Jacob Brockmann (C) 2:11.3, James Tufnell (C) 2:20.4
1500m	Alex Gruen (O) 4:19.5, Jacob Brockmann (C) 4:23.1, Matthew Harris (C) 4:23.4, Charles Sillett (O) 4:29.5
3000m	Per Wangel (C) 9:29.4, Lawrence Hollom (C) 9:40.4, Alex Toal (O) 9:57.5, Lorin Samija (O) 10:04.3
110m hurdles (3'3")	Tadej Pahor (O) 16.1, Jack Whickham (C) 17.2, Ari Runanin-Telle (O) 18.2
400m hurdles	Samuel Day (C) 61.0, Ari Runanin-Telle (O) 64.2, Parker Hibbett (O) 65.8, Chris Tuttle (C) 66.1
High Jump (Horspath)	Parker Hibbett (O) 1.80, Rory Boath (O) 1.75, Demos Christou (C) 1.60, Daniel Stanley (C) 1.50
Pole Vault	Chase Jensen (O) 4.50, Archie McNeillis (O) 4.00, Callum Court (C) 3.80, Daniel Stanley (C) 2.60
Long Jump	David Smith (O) 6.52, Jacob Taylor (O) 6.23, Mojowa Odiase (C) 5.73, James Cobb (O-guest) 5.64, Callum Court (C) 5.29
Triple Jump	Phillip Nash (O) 11.78, Callum Court (C) 11.26, Donte Nembhard (C) 11.23, James Cobb (O) 11.04, Josh Hathersall (O-guest) 10.99
Shot	Gabor Bakos (O-guest) 9.72, Santiago Rosas (O) 9.36, Winston Wright (O) 8.92, Nathaniel West (C) 8.19, James Tufnell (C) 7.33
Discus	Winston Wright (O) 27.22, Daniel Gregory (O) 26.87, Nathaniel West (C) 21.65, Mojowo Odiase (C) 20.58
Hammer (Horspath)	Nathaniel West (C) 26.63, Santiago Rosas (O) 19.92, Will Parrott (C) 19.34, Winston Wright (O) 12.97
Javelin	Will Parrott (C) 40.82, Daniel Gregory (O) 40.11, George Barton (C) 32.30, Winston Wright (O) 30.86
4 x 100m	Oxford (Walsh, Baker, Porter, Steel) 45.8, Cambridge (Whickham, Nebhard, Lim, Odiase) 46.3
4 x 400m	Oxford (Ingham 51.9, Steel 51.9, Inkester 53.6, Bain 50.5) record 3:28.0, Cambridge (Day 60.9, Flaherty 58.1, Brockmann 56.2, Tufnell 58.9) 3:54.3

Result Oxford 112, Cambridge 77

WOMEN

100m	Tiwa Adebayo (C) 12.9, Eleanor Duck (O) 13.2, Amrita Panesar (C) 13.4, Zoe Thursz (O) 13.5
200m	Amrita Panesar (C) 28.0, Tiwa Adebayo (C) 28.4, Helen Pugh (O) 30.3, Tal Rosenbaum (O) 36.3
400m	Aileen Kearney (O) 60.5, Alexandra Burchill (C) 65.1, Katherine Peters (O) 69.5, Emma Gibbons (C) 72.8
800m	Aileen Kearney (O) 2:30.2, Georgia Billings (C) 2:33.3, Katherine Peters (O) 2:37.6, Jennifer Simpson (C) 2:44.1
1500m	Hannah Morton (C) 5:10.1, Anna Sharp (O) 5:15.7, Natalie Woods (O) 5:26.6, Emma Gibbons (C) 5:53.5
3000m	Georgia Bingham (O) 11:16.8, Amy Radford (C) 11:22.3, Natalie Woods (O) 11:37.7, Jennifer Simpson (C) 12:27.5
100m hurdles	Eleanor Duck (O) 17.6, Harriett Wiggington (O) 18.4, Marina Mayer (C) 20.7, Amrita Panesar (C) 20.9
400m hurdles	Kate Kennedy (O) 66.3 record , Harriett Wiggington (O) 74.3, Amy Radford (C) 76.3, Marina Mayer (C) 83.6
High Jump (Horspath)	Teele Palumaa (O) 1.65, Sophie Hubbard (O) 1.55, Katherine Prutz (C) 1.50, Lea Wenger (C) 1.30
Pole Vault	Chloe Billingham (C) 3.20 record , Melissa Lowe (O) 2.40, Madi Fairey (C) 1.40 [Harriett Wiggington (O) no height]
Long Jump	Teele Palumaa (O) 4.83, Katya Marks (O) 4.67, Alexandra Burchill (C) 4.42, Steph Sinclair (C) 4.21, Annabelle xx (C-guest) 4.14, Anne-Marie Bowring (C-guest) 4.05
Triple Jump	Teele Palumaa (O) 11.31, Katya Marks (O) 9.90, Chloe Billingham (C) 9.44, Madi Fairey (C) 8.20
Shot	Sydney Sopher (O) 10.08, Olivia Rowe (C) 7.66, Lucy Harris (C) 6.65, Harriet Horsfall (O) 6.20
Discus	Teele Palumaa (O) 31.09, Sydney Sopher (O) 27.08, Harriet Horsfall (O-guest) 21.07, Lucy Harris (C) 16.94, Olivia Rowe (C) 16.29
Hammer (Horspath)	Sydney Sopher (O) 27.50, Chloe Billingham (C) 25.68, Harriet Horsfall (O) 21.66, Olivia Rowe (C) 21.61
Javelin	Imogen Brown (O) 30.64, Shona McNab (O) 24.73, Chloe Billingham (C) 23.01, Coral Bays-Muchmore (C) 19.02
4 x 100m	Cambridge (Adebayo, Panesar, Billingham, Walker) 55.3, Oxford (Duck, Thursz, Rosenbaum, Pugh) 58.7
4 x 400m	Oxford (Sharp, Wiggington, Peters, Kearney) 4:22.0, Cambridge (Burchill, Billings, Morton, Simpson) 4:35.3

Result Oxford 112, Cambridge 77

Achilles Athletes of the Match: Harrison Steel (O, sprints), Teele Palumaa (O, jumps) and Chloe Billingham (C) pole vault

C.J.R. Thorne



ADDRESSES WANTED!

- please notify membership@achilles.org

Charles Betty	1932	Geoff Bostock	1962	Kareen Marwick	1980	David Cook	1986	Bob Ryan	1988	Nathan Marston	1993
Charles Stanwood	1932	Martin Clark	1962	Lindon Neil	1980	Phillip Darbyshire	1986	Rowan Smith	1988	Robert Critchley	1994
Robert Percival	1934	David George	1962	David Taylor	1980	Rod Driver	1986	David Stewart	1988	Susie Hodgkinson	1994
John Wright	1934	Andrew Keith	1962	Paul Carleton	1981	Sean Gibbons	1986	James Street	1988	Alan MacPherson	1994
James MacNair	1935	Geoffrey Williams	1962	Joe Coles	1981	Tony Harris	1986	Andy Thompson	1988	Dani Martin	1994
John Wyatt-Smith	1935	Dick Pyle	1962	Tim Cook	1981	Martin Hepworth	1986	Linda Whiteford	1988	James Reynolds	1994
Ivor Davies	1936	Edwin Gale	1963	Janet Corlett	1981	Jeremy Lai	1986	Dominic Wise	1988	Brett Williams	1994
Alexander Kennedy	1936	Michael Chapman	1963	Tina Cowen	1981	James Leach	1986	Tim Wright	1988	Craig Shepherd	1994
Michael Charlesworth	1937	Mike Powell	1963	John Fordham	1981	Larry Mathews	1986	Jo Adams	1989	Sarah Dillon	1995
John Earp	1938	Geoffrey Grigson	1964	Heather Linaker	1981	Paul Mendham	1986	Jeremy Arnold	1989	Andy Carnall	1995
Peter Coggins	1938	Graham Plows	1964	Phil McDonnell	1981	Matt Newman	1986	James Bobby	1989	Alan Dunwoodie	1995
Philip Martin	1938	Alan Heath	1964	Matthew Power	1981	Javier Pes	1986	Robin Bordoli	1989	Julia Melling	1995
Clement Ryan	1938	Wendell Mottley	1964	Andrew Richardson	1981	Gary Pitts	1986	Jenny James	1989	Bethan Page-Jones	1995
Bill Young	1938	Peter Wray	1964	Andrew Nesom	1982	Richard Shearmur	1986	Andy Johnston	1989	Jacqui Street	1995
Frank Finch	1942	Peter Auksi	1965	Liz Boothroyd	1982	Dominic Tilley	1986	Rob Marx	1989	Anna Warren	1995
Charles Reidy	1945	Christopher Webb	1965	Marco Fasoli	1982	Tracy Van der Leeuw	1986	Andy McLeod	1989	Alex Wreth	1995
Robert Reynolds	1945	Hugh Richards	1966	Tim King	1982	Philip Wilkins	1986	Derek Ormerod	1989	Samantha George	1996
Jolyon Rymer	1945	Richard Green	1967	Michael Molitor	1982	Charles Addison	1987	David Rowlands	1989	Alastair Burgess	1997
John Seale	1945	Graham Dugdale	1970	Felicity Waterman	1982	Scott Bryan	1987	Kate Shepherd	1989	Ben Dunnett	1997
Geoffrey Tudor	1945	Rob Crittenden	1971	Clive Bromhall	1983	Jo Dering	1987	Vince Smith	1989	Fennel Aurora	1998
John Newell Price	1947	Biff Hannibal	1971	Nigel Clarke	1983	Simon Firth	1987	Tim Stewart	1989	Sherree Halliwell	1998
David Powell	1947	Nigel Boulding	1972	Pete Fulcher	1983	Dawn Fletcher	1987	Allan Taylor	1989	Mark Hypolite	1998
Richard Broad	1948	Julian Ellis	1972	Pete Kanowski	1983	Jodie Forbes	1987	Chris Townsend	1989	Karen Noonan	1998
Jean-Pierre Matossian	1948	Andy Brown	1973	Sarah Rees	1983	Simon Harding	1987	David Bond	1990	Hannah Oag	1998
Bob Catterall	1949	Adam Chedburn	1973	Peter Allden	1984	Kheredine Idessane	1987	Robert Calvert	1990	Ben Clare	1999
Iain Crawford	1949	Pete Edwards	1973	Caroline Ball	1984	Mairi MacLean	1987	Giacco Corsini	1990	Graeme MacKay	1999
Henry Leader	1949	John Morris	1973	Kathleen Clair	1984	Mark McClintock	1987	Alan Ingram	1990	Matt Taylor	1999
James Batten	1950	Glyn Reynolds	1973	Corinne Cummings	1984	Rachel Osman	1987	Suzanna Jemsby	1990	Clara Brown	2000
Gerald Butterworth	1950	John Slaney	1973	Olu Fajemirokun	1984	Michael Risman	1987	Rachel Jordan	1990	Siobhan Dennehy	2000
Gareth Jones	1951	Charles Aithie	1974	Katie Flanagan	1984	Andrew Skates	1987	Nilla Karlsson	1990	Ed Green	2000
Eduard Freitag	1952	Julie Halfpenny	1974	Andy Geddes	1984	Jason Skill	1987	Laura Marsiliani	1990	Corin Hughes	2000
John Maitland	1952	Cathy Meunier	1974	Kate Harper	1984	Marie Smith	1987	Stewart McMorran	1990	Sarah Wilson	2000
Alan Reich	1952	Mary Underhill	1974	Chris Harris	1984	Tom Stout	1987	Iain Scott	1990	Aki Abiola	2001
Timothy Sainsbury	1953	Steve Baker	1975	Gareth Hughes	1984	Lawrence Tsang	1987	Simon Steer	1990	Bayo Biobaku	2001
Edgar Samuel	1953	Roger Hodgson	1975	Peter Laws	1984	Alan Walton	1987	Simon Walker	1990	Chanda Kapande	2001
Ronald Forster	1955	David Grant	1976	James Lloyd	1984	Ian McAllister	1988	David Wright	1990	Simon Samuels	2001
John Cuthbert	1956	Julie Morgan	1976	Chris McGrady	1984	Tracey Aldridge	1988	Helen Bushell	1991	Naomi Millner	2002
Anthony Gibbs	1956	Martin Rhodes	1976	Val Pritchard	1984	Vicky Barton	1988	Baz Clark	1991	Hugh Watson	2002
Steve James	1957	Len Browne	1977	Ian Silvester	1984	Tom Bent	1988	Scott Crabb	1991	Stuart Forbes	2003
David Churchill	1957	Nick Dorey	1977	David Smith	1984	John Brecknell	1988	Stephen Crouch	1991	Rota Stone	2003
Peter Cotton	1957	Jonathon Stoodley	1977	Alastair Williamson	1984	Hugh Briggs	1988	Alex Dawes	1991	Sarah Fielding Smith	2005
Tim Briault	1958	Kim Wells	1977	Richard Dawson	1984	David Burrows	1988	Steve Garland	1991	Alison Crocker	2006
Michael Davies	1958	Nicholas Armstrong	1979	Vaughan Clark	1985	Courtney Cook	1988	Lorraine Harry	1991	Paul Kirsch	2006
Peter Green	1958	Nick Fellows	1979	Simon Briggs	1985	Pierre Delforge	1988	Kevin Johnson	1991	Gus Mercer	2008
French Anderson	1958	Mark Jackson	1979	Rod Clayton	1985	Matthew Dimond	1988	Louise Kaye	1991	Nyma Sharifi	2009
Colin Bacon	1959	Jennifer Jolley	1979	Bob Cobb	1985	Stuart Fairley	1988	Mark Middleton	1991	Edoardo Guaschino	2010
Peter Burrows	1959	Andy King	1979	Helen Hoyle	1985	Beccy Hearn	1988	Gerald Preston	1991	Vartan Shadarevian	2010
Jack McWhor	1959	Simon Small	1979	Allan Jemi-Alade	1985	Kate Houston	1988	Leon Stephenson	1991	Riyadh Bhyat	2011
Mike Ralph	1959	Wally Upton	1979	Sarah Keir	1985	Tanny Liverpool	1988	Gordon Williams	1991		
George Darroch	1960	Marcus Darville	1980	Emma McBrien	1985	James MacNachten	1988	Paul Wilson	1991		
Herb Elliott	1960	Alistair Brown	1980	Ian McDonald	1985	Stewart Martin	1988	Katie Wraight	1991		
Michael Royce	1960	Alistair Edgar	1980	Catherine Shelley	1985	Ade Odunsi	1988	Julia Church	1991		
Peter Anderson	1961	Patrick Hannon	1980	Wole Soboyejo	1985	Uzo Onwere	1988	Andreas Fox	1993		
Robin Inglis	1961	Charles Hovenden	1980	Graeme Ackland	1986	Matthew Pay	1988	Carolyn May	1993		